Understanding
CANCER WAR & CURE

CONTENTS

1 What is cancer? ........................................... 2
2 What causes cancer? ................................... 8
3 How serious is cancer? ............................... 14
4 Is there a cure for cancer? .......................... 19
5 Why Is There No Cure? .............................. 36
6 Weapons of Mass Destruction ....................... 56
7 The Politics of Cancer ................................. 99
8 What To Do Now? ....................................... 114
9 Traditional and Complementary Medicine 128
10 The CA Care Therapy ............................... 141

When medicine embraced technology ... years ago, it turned its back on nature and on all the simple, inexpensive ways of influencing health and disease...In the 1960s came the realisation that technology creates as many problems as it solves.

Andrew Weil, Director in Integrative Medicine, University of Arizona School of Medicine. (Introduction - The best alternative medicine, pg. 23,24)
Chapter 1

What is Cancer?
Cancer is Greek for crab. It refers to a group of more than 200 different kinds of diseases. It is a mixed bag of problems.

- The cause of cancer is not known.

Basic characteristics of cancer cell:
- abnormal, rapid and uncontrollable growth.
- ability to spread and colonise other sites.
- it forms tumours which produce toxins or disrupt the normal functions of other cells and tissues in the body.

Your cancer is as unique as you are.
Cancer – An Ancient Disease

Dr. Mel Greaves, Professor of Cell Biology, Institute of Cancer Research, London, wrote:

Cancer is a puzzle – ever elusive and indecipherable, with no easy answer.

- Cancer is not a new disease. It is as old as mankind itself.
- It occurs in the natural world and has been present in all human societies.
- Humans invented the label cancer but not the condition.

Quoted from: Mel Greaves, Cancer – the evolutionary legacy.
Cancer: A Glitch in Natural Process

- The human body is made up of over 60,000 billion cells. Every minute, ten million cells divide in the human body. Each new cell produced must be an exact copy of its parent.

- Since Nature cannot be always a hundred percent perfect, sometimes newly formed cells are defective. It is said every one of us produces a few hundred defective cells everyday through this default. But our body system is able to destroy these defective cells and not allow them to grow.

- So the transformation into a defective cell does not necessarily mean that a cancer will immediately develop in the organism.

A Malignant Cell
And Its Generation of Descendants

- If only one defective cell escapes the body’s control, it will divide and form more and more defective cells. This is the beginning of the cancer process.

- Cancer cells reproduce themselves every two to six weeks on average, depending on type and aggressiveness.

- The table below gives you a rough idea how a cancer cell grows to become a 1-billion tumour within two and a half years. From a cell, it divides into two cells, then four in another month. From four to eight and the process goes on every month. After a year there will be 4,000 cells and after 24 months it will be sixteen million cells.

<table>
<thead>
<tr>
<th>Year One</th>
<th>Year Two</th>
<th>Year Three</th>
</tr>
</thead>
<tbody>
<tr>
<td>Day 0 when it starts</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1 cell x 2 = 2</td>
<td>4,096 x 2 = 8,192</td>
<td>16,777,216 x 2 = 33,554,432</td>
</tr>
<tr>
<td>2 x 2 = 4</td>
<td>8,192 x 2 = 16,384</td>
<td>33,554,432 x 2 = 67,108,864</td>
</tr>
<tr>
<td>4 x 2 = 8</td>
<td>16,384 x 2 = 32,768</td>
<td>67,108,864 x 2 = 134,217,728</td>
</tr>
<tr>
<td>8 x 2 = 16</td>
<td>32,768 x 2 = 65,536</td>
<td>134,217,728 x 2 = 268,435,456</td>
</tr>
<tr>
<td>16 x 2 = 32</td>
<td>65,536 x 2 = 131,072</td>
<td>268,435,456 x 2 = 536,870,912</td>
</tr>
<tr>
<td>32 x 2 = 64</td>
<td>131,072 x 2 = 262,145</td>
<td>636,870,912 x 2 = 1,073,741,824</td>
</tr>
<tr>
<td>64 x 2 = 128</td>
<td>262,145 x 2 = 524,288</td>
<td>(Pinhead size)</td>
</tr>
<tr>
<td>128 x 2 = 256</td>
<td>524,288 x 2 = 1,048,288</td>
<td>(Small grape size)</td>
</tr>
<tr>
<td>256 x 2 = 512</td>
<td>1,048,288 x 2 = 2,097,152</td>
<td></td>
</tr>
<tr>
<td>512 x 2 = 1,024</td>
<td>2,097,152 x 2 = 4,194,304</td>
<td></td>
</tr>
<tr>
<td>1,024 x 2 = 2,048</td>
<td>4,194,304 x 2 = 8,388,608</td>
<td></td>
</tr>
<tr>
<td>2,048 x 2 = 4,096</td>
<td>8,388,608 x 2 = 16,777,216</td>
<td></td>
</tr>
</tbody>
</table>

Quoted from: Robert Buckman, What you really need to know about cancer.
You Don’t Just Catch Cancer Overnight

- We could only begin to detect a lump or tumour when the number of cancer cells reach approximately a billion cells, i.e. the size of a small grape or 1 cm diameter. This takes about two and a half years.

- The creation of a tumour is an extraordinarily slow process, often extending over decades.

What Does Biology Tell Us?

- By the time you discover you have cancer, it may be already many years old.

- Then, you may be told to get it out or to start treatment immediately otherwise the cancer will spread. Is this consistent with what biology tells us? By the time the cancer is diagnosed it may have already spread many months or years ago.

- There is no need to rush into doing something that you are not sure about. If you need time to evaluate your options, by all means do so. Taking a fews weeks to do this may not bring any more harm.

- It is important for you to find yourself and feel good about what you are doing rather than regret later.
Metastasis or Spreading of Cancer

- Most tumors need to be far larger before they become lethal.
- Fewer than 10% die from tumours that continue to grow at the same site where they originally took root.
- What makes cancers so dangerous is that they are able to spread to distant parts of the body and form secondary cancers or metastases.
- Metastasising colon cancer cells often found settlements in the liver. Breast cancer cells frequently find their way to the bone. Lung cancer cells may metastasise to the brain.
- Our understanding of metastasis is still fragmentary and remains terra incognita – still largely unexplored.

*Quoted from: Robert Weinberg, One renegade cell.*
Chapter 2

What causes cancer?
According to the American Cancer Society:

- Some kinds of cancer are caused by things that we do. Example: smoking, drinking a lot of alcohol.

- In many cases, the exact cause of cancer remains a mystery. We don’t know why cells go wild and become unpredictable to begin with.

- You can easily fill a whole library with articles on the subject of cancer, but what we actually know about cancer would barely fill a business card. ~ Prof Dr. Bier, German Pathologist.

Quoted from: http://www.cancer.org/docroot/CRI/content/CRI_2_4_2x_Do_we_know_what-causes_cancer.asp?sitearea=CRI
Most Cancers Are Not Inherited

- In 90% to 95% of cases, cancers are not inherited from parents.

- Even if close family members have died of cancer, it does not mean that cancer runs in the family. Cancer is not an inherited disease. It is not contagious either.

- About 5% to 10% of cases may be due to inherited genes. But a cancer-prone gene does not cause cancer directly. It makes a person carrying such a cancer gene more vulnerable to environmental factors that contribute to the risk of developing cancer.

Quoted from: http://www.novartisoncology.us/education/understanding-cancer-causes.jsp
About 2% of all cancers in the United States might be due to radiation from CT scans.

Breast tissue of young women are highly susceptible to radiation effects. Even a single exposure during early life can increase risk. It takes a minimum of 5 to 10 years for a radiation-induced breast cancer to develop.

We should minimise exposure to unnecessary periodic chest x-rays, CT scans, routine dental x-rays, etc.

Too much exposure to sunlight without any protection can cause skin cancer.

Quoted from: Marilynn Marchione. Associated Press, 29 November 2007
Cornell University College of Veterinary Medicine
Some Types of Virus Cause Cancer

Four viruses have been associated with specific human cancers.

1. **Hepatitis B virus.** Over two billion people are infected with hepatitis B virus. This may lead to liver cirrhosis and liver cancer. This virus may be infected through blood and sexual intercourses.

2. **Human papilloma viruses (HPV)** are common viruses that cause warts. There are more than 100 types of HPV. About 30 types can cause cancer. HPV can lead to cancers of the cervix, vulva, vagina, and anus in women. In men, it can lead to cancers of the anus and penis. All women should get regular Pap tests to look for cell changes caused by HPV.

3. **Human T-cell lymphotrophic virus** (HTLV-1, HTLV-2) spread actively. Approximately 20 million people worldwide are infected with either HTLV-1 or HTLV-2. They may develop an untreatable fatal leukemia.

4. **Epstein-Barr virus** is the main reason of nasopharynx cancer (NPC) and also malignant lymphomas.

*Quoted from:* [http://www.nci.org.vn/English/Cancer_Inf_CC.htm](http://www.nci.org.vn/English/Cancer_Inf_CC.htm)  
Certain Chemicals and Medical Drugs Cause Cancer

- Some 100,000 chemical substances are commonly used in commerce today. Unfortunately most of them have not been adequately tested if they are cancer-causing or not.

- Many chemicals have been found to be carcinogenic and should be avoided if at all possible. Examples are: aflatoxins, asbestos, benzene, cigarette smoke, pesticides (DDT, PCBs), heavy metals (lead, mercury, cadmium), nitrosamines, etc.

- Drugs prescribed to patients like contraceptive pills, hormone replacement therapy, chemo-drugs such as: cyclophosphamide, etoposide, andriamycin, cisplatin, mitomycin C, tamoxifen, radioiodine, etc.

A report on Human Carcinogens by the International Agency for Research on Cancer can be viewed at: http://monographs.iarc.fr/ENG/Classification/crthgr01.php

Quoted from: Devra Davis, The secret history of the war on cancer.
Chapter 3

How Serious Is Cancer?
Global Cancer Burden

Cancer remains one of the deadliest diseases known to mankind. Incidence of cancer is on the rise. According to the World Health Organisation (WHO), worldwide death due to cancer:

- In 2005 = 7.6 million
- In 2015 = 9.0 million
- In 2030 = 11.4 million

In the next 25 years, deaths due to cancer will increase by fifty percent.

A new cancer is diagnosed every 30 seconds in the United States.

Over 1,250,000 new cases of cancers are diagnosed each year.

An estimated 559,312 people die of cancer each year, i.e. one person every minute.

Death due to cancer is 22.8 percent of total death.

Lifetime probability of developing cancer in American men is 1 in 2, and in American women, 1 in 3.

http://training.seer.cancer.gov/module_cancer_disease/unit5_war_on_cancer.html
Causes of Death in Some Asian Countries

<table>
<thead>
<tr>
<th>Country</th>
<th>No: 1 Killer</th>
<th>No: 2 Killer</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brunei</td>
<td>Heart diseases</td>
<td>Cancer</td>
</tr>
<tr>
<td>Indonesia</td>
<td>Childbirth</td>
<td>Heart diseases</td>
</tr>
<tr>
<td>Japan</td>
<td>Cancer</td>
<td>Cerebrovascular</td>
</tr>
<tr>
<td>Malaysia</td>
<td>Heart diseases</td>
<td>Cancer</td>
</tr>
<tr>
<td>Philippines</td>
<td>Heart diseases</td>
<td>Cancer</td>
</tr>
<tr>
<td>Singapore</td>
<td>Cancer</td>
<td>Heart diseases</td>
</tr>
<tr>
<td>Thailand</td>
<td>Heart diseases</td>
<td>Cancer</td>
</tr>
<tr>
<td>Vietnam</td>
<td>Accident</td>
<td>Pneumonia</td>
</tr>
</tbody>
</table>

Quoted from: Asiaweek 21 August 1998
Cancer in Malaysia

- Estimated 30,000 cases of cancer each year, i.e., 84 cases a day.

- Estimated 1,200 children are afflicted with cancer, i.e., 3 cases/day.

- Death are mainly due to cancers of the lung, liver, breast, leukemia, stomach, colon, nasopharynx, cervix, lymphoid tissues and ovary.

- One in four will be afflicted with cancer.

- One in 19 women has a chance of getting breast cancer. Breast cancer comprised 30.4% of all newly diagnosed cancer cases.

- Malaysia’s cancer rates are on the increase and alarming.

Quoted from: http://jjco.oxfordjournals.org/cgi/content/full/32/suppl_1/S37
Chapter 4
Is There A Cure For Cancer?
Is There Any Cure For Cancer At All?

This is a tricky question with no simple Yes or No answer.

- We can’t really talk about a *cure* for cancer in the same way that we cure a broken leg.

- Example: If a breast cancer is detected early, surgery may be able to remove all the cancerous growth. The patient is well and considers herself *cured*.

- Unfortunately, this patient has a high risk of developing cancer again some years later.

- The cancer may recur at the original tumour site or may have spread to other sites, such as the brain or bone.

- We can’t be a hundred percent sure that cancer is completely gone even after all the medical treatments.

**Experts rarely use the words *cure* for cancer.**

Can doctors cure cancer? The simple truth is doctors can’t tell when or if you are cured of cancer.

- To patients cure means there’s no possibility of recurrence.
- Doctors may search your blood, do CT scans and MRI, etc. for possible markers for cancer and found none. But still you cannot be certified cured.
- Cancers like lymphomas and leukemias never go away completely. Yes, they are under control and may no longer be life-threatening. Such patients are given a new label: cancer survivors – Veterans of Forever Wars.
- Breast cancer may appear as if it has gone away but can recur many years later, suggesting that it is not really cured after all.

Some doctors say: *You are cured of cancer.* But how can they tell?

- This is when they could cut out a tumor and surrounding tissue until no more abnormal cells could be seen.

- Statistically, such patients may have a good chance of being *cured.* But it’s only a statistical probability. And that probability may not apply to you as an individual.

- The treatments used, like chemotherapy and radiation, can also trigger new cancers down the road.

- So, only time will tell if you are *cured* – no human being can!

The common yardstick is a five-year relative survival rate, i.e., ability to live for five years.

The number five used is an arbitrary figure. There is no scientific basis of choosing this number.

Being alive for five years does not mean the cancer is gone forever. It can recur.

Dr. David Johnson, deputy director of Vanderbilt-Ingram Cancer Center thinks that:

The five-year benchmark becomes a balm for doctors and patients who find the unpredictability of their situations intolerable. Physicians are reluctant to say you might recur, so they would rather use these terms like: “OK, in five years, you’ll be cured.”

Often patients are told that after five years they can be considered cured.

- If patients die or have another cancer one day after five years, they still make it into the statistics and are counted as being cured.

- If patients remain alive but spend time going in and out of the hospital throughout the five years, they still make into the statistics to be counted as cured.

- According to Dr. Karrison, patients need to survive for 20 to 25 years before we can say they are cured. To ask patients to wait this long may be bad for business!

Statistics are often sweet and deceptive! Data can be massaged and manipulated to make things look good.

Different Survival Rates for Different Cancers

The survival rate varies for different cancers. Much depends on the type of cells involved, the aggressiveness of the cancer and extent of spread, how early it was detected and how effective the treatments are.


<table>
<thead>
<tr>
<th>Cancer</th>
<th>Localised (%)</th>
<th>Regional (%)</th>
<th>Distant (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lung</td>
<td>45.6</td>
<td>13.1</td>
<td>1.3</td>
</tr>
<tr>
<td>Liver</td>
<td>15.1</td>
<td>5.8</td>
<td>1.9</td>
</tr>
<tr>
<td>Pancreas</td>
<td>8.1</td>
<td>3.7</td>
<td>1.4</td>
</tr>
<tr>
<td>Stomach</td>
<td>55.4</td>
<td>17.3</td>
<td>2.1</td>
</tr>
<tr>
<td>Oral/Pharynx</td>
<td>76.2</td>
<td>40.9</td>
<td>18.9</td>
</tr>
<tr>
<td>Colo-rectal</td>
<td>92.7</td>
<td>71.1</td>
<td>17.8</td>
</tr>
</tbody>
</table>

In simple language, even with all the medical treatments, the chances of surviving five-years for serious cancers that have already spread are:
Lung = 1.3%, Liver =1.9%, Pancreas = 1.4%,
Stomach =2.1%, NPC= 18.9% and Colo-rectal = 17.8%.
If the cancers are localised, i.e., caught at the early stage and have not spread, the chances of surviving five-years are higher.

Survival Rates for Women Cancers

The chances of surviving five years (even with medical treatments) for serious cancers are:

- Breast = 17.8%, Ovary = 17.6% and Cervix = 13.5%.

- For breast cancer, the survival is very high if caught early (localised) but once it has spread the prognosis is very poor. The same applies to cancers of the ovary and cervix.

- Remember, these survival rates are relative numbers and represent an average figure.


<table>
<thead>
<tr>
<th>Cancer</th>
<th>Localised (%)</th>
<th>Regional (%)</th>
<th>Distant (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Breast</td>
<td>92.7</td>
<td>71.1</td>
<td>17.8</td>
</tr>
<tr>
<td>Ovary</td>
<td>88.5</td>
<td>36.6</td>
<td>17.6</td>
</tr>
<tr>
<td>Cervix</td>
<td>89.3</td>
<td>51.5</td>
<td>13.5</td>
</tr>
</tbody>
</table>

Doctors also talk about *response*. This too does not mean cure.

- Response means the tumours shrink. But after that tumours often re-grow.

- Example. The tumour in the lung shrinks or disappears after chemotherapy. Doctors call that either a partial or complete response. Unfortunately, soon afterwards the tumour recurs and this time perhaps the cells are more aggressive.

- Tumour shrinkage or disappearance could be meaningless, albeit a temporary cause for joy.

  **Patients expect a cure, i.e., permanent alleviation of the problem.**
  
  If the tumours shrink, patients hope they keep on shrinking until they disappear.
  
  If the tumours disappear, patients hope they will not come back. This expectation may just be an illusion.
Tumour Shrinkage – A Great Lie?

Dr. Ralph was quoted as saying:

• *If you shrink the tumour by 50% or more for 28 days you have got the FDA’s definition of an active drug.*

• *That is called a response rate, so you have a response ... (but) when you look to see if there is any life prolongation from taking this treatment what you find is all kinds of hocus pocus.*

• *In the end there is no proof that chemotherapy in the vast majority of cases actually extends life ... This is the great lie about chemotherapy.*

*Quoted from:* Ralph Moss, www.whale.to/cancer/quotes.html
More And More Of The Same Poisons

Dr. Foster painted a possible scenario:

- At first it will appear as if the chemotherapy is working – the doctors will be able to measure a reduction in the size of your tumour.

- You many eventually find out that there is … a vicious cycle.

- The doctors have to give you the chemotherapy again.

- And by this time, the cancer has become resistant to the different drugs and regimens.

- You ended up in the hospital, taking even more toxic drugs in a ridiculous attempt ... to heal your chemical poisoning by putting more toxic chemicals on top of it.

*Quoted from:* Dr. Cynthia Foster, *Stop the medicine.*
Why We Rarely Hear Experts Say They Can Cure Cancer

Medical experts understand and know that:

- Cancer is not a single disease. Not all cancers are the same. Each type of cancer could develop, spread, cause illness and respond to treatment in completely different ways.

- Many cancers are not reliably cured with currently available therapies.

- No treatment can guarantee a cure.

- For certain cancers, there is not even an effective treatment. Example: pancreatic cancer.

Different Cancers Respond Differently To Treatments

*Cancers with High Complete Response and High Cure Rate:*

Hodgkin’s Disease, testicular cancer, choriocarcinoma (cancer of cells that form the beginning of placenta), lymphoblastic leukemia and childhood cancers.

*Cancers with High Complete Response and Low Cure Rate:*

Sarcomas (cancers of connective tissues), ovarian cancer, breast cancer, small cell lung cancer, myeloma and follicular lymphoma.

A Cure Is Striking a Jackpot

One eminent oncologist in Singapore said:

- Oncology is not like other medical specialties where doing well is the norm.
- In oncology, even prolonging a patient’s life for three months to a year is considered an achievement.
- Achieving a cure is like striking a jackpot!
- Not all cancers can be cured.
- As doctors, we try our best to cure those who can be cured, to control the disease for those whose lives can be extended, and to comfort those for whom little can be done.

No Magic Bullet For Cancer

- The pharmaceutical companies want us to believe that a cure for cancer will be found by a “magic bullet” drug. This will never occur.
  ~ David Brownstein, Foreword, Avoiding breast cancer.

- You won’t find a “miracle pill” anywhere that can magically conquer cancer overnight – not now, and probably not ever.
  ~ William Fischer.
When Will We Cure Cancer?

- The *cure* for cancer is not going to show up anytime soon, certainly not in the next decade.

- There may never be a single magic bullet cure for cancers.

- Treatments for advanced cancers are farther over the horizon than anybody can see.

- We probably won’t cure all forms of cancer in the 21st century. But we may very well learn to live with them.

- Despite the frequent *breakthroughs* announced on the nightly news, a *cure for cancer* may be a nearly mythical notion.

**Any Hope For The Future?**

- Thirty-seven years after President Nixon declared the *War on Cancer*, chemotherapy still leaves bald spots and none of the dozens of new therapies has come close to eradicating cancer.

- After years of struggles in science and government there is the belief and hope that a cure for cancer remains a realistic possibility.

- But the notion that a cure could eradicate cancer could be found soon is simply too naïve.

- You get cancer, and most of the time you are sent to an oncologist.

- The oncologist will look at some form of chemotherapy, and if it works, it works. And if it doesn’t, sometimes you die.

Dr. Peter Bushunow, medical oncologist said: *But I wish we could say we can cure cancer ... cancer still takes the lives of many of the people who have it.*

*Quoted from: Justina Wang, http://www.democratandchronicle.com/apps/*
Chapter 5

Why Is There No Medical Cure For Cancer?
There is No Medical Cure for Cancer

• In the past 30 years, the U.S. has poured $30 billion into finding a cure for cancer.

• 30 years, $30 billion and no cure.

• Mounting numbers of people are contracting cancer; particularly breast cancer.

• What’s wrong with this picture?

At a dinner talk in New York on 29 Sept. 2002, Dr. Rath said:
When you open the newspaper, *Time Magazine* or *Newsweek, USA Today*, you may read this advertisements: *We are there because one day cancer will be gone - Pfizer, Merck, Bristol-Meyers Squibb, Aventis.*

- Fifty-five thousand scientists are employed in the research laboratories of those companies.

- 32 Nobel Laureates have received Nobel Prizes on cancer research aspects.

- Millions of dollars have been spent, both private and public ones.

- Yet the epidemic is expanding.

- How can you explain that?

- Why have they not succeeded?

Crashed Dream, Naïve Hope

Today, the annual budget for the National Cancer Institute is over US$4.8 billion, approximately 20-fold greater than when the War On Cancer was declared in 1971.

- What we have learned from this massive investment is that the hope for a simple cure was naïve – the goal for a cure remains elusive.

- The national cancer program should break from its focus on cancer treatment and do more to reduce the number of people getting cancer in the first place.

*Quoted from: Congressman David Obey, Cancer-gate: how to win the losing cancer war, pg. xi, xii*
Current cancer treatment is based on flawed concept. There is a notion that cancer, like invading bacteria … must be thoroughly eradicated in order to prevent recurrences and death.

- The cell-kill approach to cancer management has failed to achieve its objectives.

- In its present form this approach will neither eradicate nor alleviate suffering.

- The conquest of cancer remains a distant and elusive goal.

Wrong Battles
Wrong Weapons
and
Wrong Generals

The war on cancer has been fighting many of the wrong battles with the wrong weapons and the wrong leaders.

1. To reduce the burden of cancer today:
   - We must prevent it from arising in the first place.
   - We have to find new ways to keep the millions of cancer survivors from relapsing.

2. For nearly a hundred years, we have known that smoking, sunlight, industrial chemicals, hormones, bad nutrition, alcohol and bum luck all affect the chance we will get cancer.

3. All this information has been … typically discredited, dismissed or disparaged.

Quoted from: Devra Davis, The secret history of the war on cancer, pg. xii, xviii
Wrong Paradigm

There is still no medical *cure* for cancer and I don’t believe there ever will be. Why?

- Medicine is looking for the answer in the wrong paradigm.

- Left in the hands of medicine, cancer will kill you if the treatment doesn’t kill you first.

- I don’t believe cancer is an automatic death sentence unless you accept that verdict from the medical profession and allow its practitioners to assist you in carrying it out.

*Quoted from:* Lawrence Stepanowicz, http://practicalhealth.net/cancer1.html
Decades of research and billions of dollars. But a cure for cancer has not been found. Why?

Cancer is an unpredictable evolutionary process and tumour cell evolution poses the main problem.

- A patient can have billions of variety of different cancer cells spread throughout his or her body.
- We cannot identify all cancer cells that are present in a patient.
- Cancer cells constantly mutate and evolve.
- This enables new cancer cells to arise that can evade therapy and cause progressive disease.
- We cannot know what will evolve.

The current cancer theories and approaches are logically inconsistent with the evolutionary nature of cancer.

*Quoted from:* Arnold Glazier, [http://www.lulu.com/content/276115](http://www.lulu.com/content/276115)
Why We Will Never Cure Cancer

Dr. Bach, physician at Memorial Sloan-Kettering Cancer Center in New York City wrote:

- The Cancer Establishment trumpeted and celebrated the recent 2% annual decline in cancer mortality rates as proof that there is progress in cancer research.

- I think they are celebrating the glass being 1/50th full.

*Can the health-care system be able to deliver these advances to the patients who need them?*

Examples: It is estimated colonoscopy alone could reduce the colon cancer death rate by 50%.

- But only four in 10 people have ever gotten a colonoscopy (to detect precancerous polyps).

- Even for those who do get colonoscopies, the quality is uneven.

- Not all colonoscopists are good at finding the precancerous polyps.

- Whether a patient actually benefits from having a colonoscopy depends on the ability of the doctor who does the examination.

*Quoted from:* Peter Bach, [http://online.wsj.com/article/SB119344360505573496.html](http://online.wsj.com/article/SB119344360505573496.html), 27 Oct. 2007
Fixed Mindset and Conflict of Interest

- The Cancer Establishment remains fixated on damage control – screening, diagnosis, treatment … with indifference to prevention research.

- This mindset is compounded by pervasive institutional and personal conflict of interest with the cancer drug industry … petrochemical and other polluting industries.

*Quoted from:* Samuel Epstein, *Cancer-gate: how to win the losing cancer war*, pg. xiii
Our efforts in the fight against cancer are best focused on how to avoid these diseases rather than on how to treat them once present.

- Treatments, made possible by the investment of millions of research dollars, are putting millions of dollars back into the pockets of chemical and pharmaceutical companies.

Dr. Devra Davis, Director of the Centre of Environmental Oncology, University of Pittsburgh Cancer Insitute wrote:

Rather that coming up with actions to keep cancer from occurring, we are spending more money than ever to find and treat cancer.

But when it comes to ferreting out the root causes of the disease, we have limped along ineffectively.

Why?

- The leading figures in the war on cancer profited both from producing cancer-causing chemicals and from producing anti-cancer drugs.

- Astonishing alliances between naïve or far too clever academics and folks with major economic interests in selling potentially cancerous materials have kept us from figuring out … our chances of developing cancer.

*Quoted from: Devra Davis, The secret history of the war on cancer, pg. 11,16.*
The Conspiracy Theory

Why is it that they believe in these conspiracy theories?

1. Billions of dollars are raised to pay:
   - The thousands of doctors that conduct the research.
   - The people that raise more money for cancer research.
   - The hundreds of people that advertise for these organisations.
   - The pockets of politicians.

2. Think for a moment.
   - How many drug companies, hospitals, etc., would go out of business if a cure for cancer were found?
   - How many politicians would lose elections because they did not have the backing of these drug companies?
   - And the oncologists will go out of work?
   - It was once estimated that one out of every thousand people in the US work in some field related to cancer. If a cure for cancer is to be found, it would have a strong, negative effect on the economy in the United States.

Hilary Roberts, Department of Child Health, University of Manchester and Steve Hickey of Manchester Metropolitan University wrote:

- Conflicts of interest … lie at the heart of modern medical science.

- A cure for cancer would perhaps be less welcome than one might think.

- The criterion used for investigating cancer treatments is the potential for financial profit.

- If a therapy provides the possibility of a cure without profit, it will not be investigated, and above it, it might even be actively suppressed.

Quoted from: Steve Hickey & Hilary Roberts, Cancer – nutrition and survival, pg. 18, 19.
Chemotherapy and radiotherapy cause side effects. They may even cause new cancers, new diseases. So you need more drugs.

Selling drugs for the treatment of side effects of chemotherapy is big business for the drug companies.

What interest does the pharmaceutical industry have to stop cancer if they have revenues of one hundred billion dollars in the US alone every year from keeping cancer ongoing?

The only reason why cancer is still a death verdict is the billions of dollars drug companies make from the ongoing cancer epidemic.

Chemotherapy and radiotherapy kill both cancer cells and healthy cells. They cause numerous side effects such as bleeding of the gastrointestinal tract due to destruction of the cell lining, reduction in blood cells and make you prone to infections.

Other side effects of the treatments are: heart damage, infections, liver and kidney damage, nausea, depression.

So you need pain killers, cortisone for the inflammation, blood substitution, antibiotics, anti-depressants, etc., etc.

The pharmaceutical market for the so-called treatment of side effects for chemotherapy is bigger that chemo-drugs itself. There is more money to be made.

A breast cancer patient paid RM 1,800 for a cycle of chemotherapy. The standard chemo-drugs were used: 5-FU, doxorubicin (Adriamycin) and cyclophosphamide.

1. Cost of chemo-drugs ..........................RM 283.00
   a) 5-FU                      = RM 48.00
   b) Cyclophosphamide = RM 47.00
   c) Doxorubicin           = RM 188.00

2. Cost of other drugs to help with side effects... RM 531.80
   (drugs for infections, anti-inflammatory steroid, anti-nausea, anti-vomiting, stomach ulcer, etc.)

3. Doctor fees, hospital expenses, etc., etc. ....... RM 985.20

Source: Patient’s Itemised Outpatient Bill, 7 March 2008
The treatment of disease is not a science...but a thriving industry ~ Sir James Barr, Vice President, British Medical Association.

Physicians are called to service, to put patients’ good above our own. That’s a very spiritual calling. But with ... making medicine a business, we’re ... losing that sense of purpose and meaning ~ Christina Puchalski, professor of medicine, George Washington University. Reader’s Digest Sept. 2001

People go where the money is, and you’d like to believe it’s different in medicine, but it’s really no different in medicine.When you start thinking of oncology as a business, then all these decisions make sense ~ Dr. Robert Geller, oncologist. New York Times, 12 June 2007 by Alex Beresen.
Technology and Science are making huge advances everyday. But, why is there no cure for cancer?

Could it be there is TOO MUCH money to be made that if a cure WERE found? The money would dry up, people would be laid off, and nobody would get rich anymore?

THERE IS A LOT TO LOSE IF A CURE WAS FOUND!
Is there a conspiracy? *What is your response to the above?*

1. Agree ................................................
2. Disagree .............................................
3. Not sure .............................................
4. All things point to it ..............................
5. A conspiracy would be impossible ...........

*Quoted from: [http://www.bestandworst.com/v/4935.htm](http://www.bestandworst.com/v/4935.htm)*
In 2005, the American Cancer Society polled this question: *There is currently a cure for cancer but the medical industry won’t tell the public.*

- 28% of Americans agree with the statement.
- 14% are uncertain.

More than a quarter of the American population believe that there is currently a cure for cancer, but the medical industry would not tell the public about it because they make too much money treating cancer patients.

Ted Gansler of the American Cancer Society said this is a myth. His argument:

- *Doctors, scientists and their loved ones die of cancer at the same rate as everyone else. Why would anyone hide a cure for cancer?*

*Quoted from: http://www.lewrockwell.com/sardi/sardi73.html
http://www.cancer.org/docroot/PED/content/PED_11_1_Secret_Cancer_Cure_Myth.asp*
Chapter 6

Weapons of Mass Destruction For Cancer
Treatments Based on Concept of War

Current one-size-fit-all methods of treating cancer are: surgery, chemotherapy, radiotherapy and hormonal or targeted drugs. Some people describe it as: slash, poison and burn approach. This is war.

There is an unending war within the body. What then happens to the battleground?

Are we creating more Vietnam, Bosnia, Afghanistan, Iraq? In a war, no one really wins.

- Chemotherapy and radiation are toxic and often do much damage to the body.

Quoted from: Burton Goldberg, An alternative medicine definitive guide to cancer, pg. 12
In A War Who Gets Hurt and Destroyed?

Mel Greaves, professor of Cell Biology at the Institute of Cancer Research, London wrote: **Collateral damage** – **hit by friendly fire**.

- Patients subjected to radiotherapy and chemotherapy end up with *the most ironic of outcomes* – CANCER – *caused by the cancer therapy itself*.

- Patients with leukemia, Hodgkin’s disease, ovarian and other cancers have developed secondary leukemias or other cancers that can be attributed to their prior therapeutic exposures.

*Quoted from:* Mel Greaves, *Cancer – the evolutionary legacy.*
Surgery, radiation and chemotherapy all tend to fail for a very simple reason.

- A tumour the size of a small grape has one billion malignant cells.
- In science there is no such thing as a 100% success.
- Even if a treatment gets 99.9% of them, a million cells remain to kill you.
- These cells that remain alive are normally the stubborn type. When they re-grow and form tumours, there are not easy to kill anymore.

Quoted from: Business Week, 22 Sept. 1986
Compromised Immune System Can’t Fight Cancer Cells

- Chemotherapy is not going to kill every cancer cell in your body.

- Your body will have to kill the cancer cells that are left after chemotherapy is finished.

- How can you possibly fight even a few cancer cells when your immune system has been destroyed?

Quoted from: Cynthia Foster, Stop the medicine.
• Amy Cohen Soscia, a breast cancer patient, said: *There is no cure for metastatic breast cancer. It never goes away. You just move from treatment to treatment.*

• Dr. Andrew Weil wrote: *There is never ending struggle ... Patients are sucked into same way of thinking.... Finding themselves more and more dependent on the system giving one treatment after another.*

• Professor Jane Plant wrote: *This sounds like a battle between the disease and the treatments – with the patient as the battle ground ... Conventional cancer treatment can PROCESS patients to the extent that they no longer understand what is really being done to them.*

*Quoted from: Andrew Weil, Health & healing,*
*Jane Plant, Your life in your hands*
 Patients Without Chemotherapy Live Longer

Professor Hardin Jones, prominent cancer researcher and professor of Physics at the University of California surveyed global cancer of all types and compared the untreated and the treated. He came to this conclusion:

• ... in terms of life expectancy, the chance of survival (after undergoing radiation, chemotherapy or surgery) is no better with than without treatment, and there is the possibility that treatment may make the survival time less.

Quoted from: Transactions of the N.Y. Academy of Medical Sciences, series 2, Vol. 18, n.3, pg. 322
Medical treatment: Where does it lead to? When will it ever end?

Dr. Lai Gi-ming, Taiwan Cooperative Oncology Group, National Research Institute said:

- The thing that most frustrates modern doctors is that, after surgery, chemotherapy and radiotherapy, all they can do is keep chasing and chasing the cancer!
Removing the product of disease, i.e., tumour, is not removing the cause of disease.

In 1893, J. Compton Burnett wrote:

- *My standpoint is that a tumour is the product of the organism, and to be really cured the power to produce the same must be eliminated; got rid of, cutting it off merely rids the organism of the product, leaving the producing power where it was before; often the operative interference acting like pruning a vine.*

*Quoted from: J. Compton Burnett, Curability of tumours by medicine.*
What Potential Patients Say

The Malaysian Oncological Society conducted a survey among 1,200 women in the Klang Valley, Selangor, Malaysia. The study was conducted from August to September 2004.

The results ….

- 80% think radiotherapy and chemotherapy are not effective and have many side effects.

- 90% would consider alternative and/or complementary medicine for their cancer.

*Sunday Star, 14 Nov. 2004*
Most Oncologists Would Not Undergo Chemotherapy If They Get Cancer

In 1986, McGill Cancer Centre scientists surveyed 118 oncologists who specialised in the treatment of lung cancer. They were asked:

- *If you had cancer, would you undergo chemotherapy?* 75% said NO
- *Why?* (1) Chemotherapy is not effective. (2) Its toxicity is not acceptable.

Other polls carried out in 1988 reported: *Oncologists say they would not allow chemotherapy to be given either to themselves or to their families.*

*Quoted from: John Robbins, Reclaiming our health, pg. 240,241.*
Where Is The Science?

- Patients know nothing about chemo-drugs.
- But some oncologists asked patients to choose their own *bullets* or drugs to use.
- Their choice is made based on affordability and convenience.

*Their idea… is to see whether two doses of this poison is better than three doses of that poison* ~ Glen Warner.

*State-of-the-art chemotherapy … was nothing more than different combinations of the same toxic drugs given in different schedules … It continues to kill more people every year, often a slow painful death … by toxic treatments*  
~ Candace Pert,
Error, Oh Error … Error Everywhere?

Dr. Andrew Weil wrote:

- **Doctors deal in drugs to treat diseases.** The average patient in hospital ... is placed on half a dozen drugs simultaneously.

- **How some of these chemicals react with each other is anybody’s guess.**

- **Moreover ... hospitals involve errors:** the wrong drug, the wrong patients, the wrong dose and the wrong time.

- **I find allopathic medicine glaringly deficient in theory and philosophy ... they have no clear conception or theory of what disease is nor any general concept of treatment.**

*Quoted from: Andrew Weil, Health and Healing.*
Richard Evans, one of the founders of the Texas Cancer Center wrote:

- Over ninety percent of the patients who are *cured* of cancer made it because of surgery – and surgery alone.

- Radiotherapy, chemotherapy ... *contributed little to the overall survival of patients with cancers.*

Quoted from: www.texascancercenter.com
Beware of Unwarranted Surgery!

- Surgery can only cure early-stage cancer.

- If the cancer has already spread, then cure by surgery is not possible.

- The role of surgery in advanced-stage cancer is limited.

Dr. Andrew Weil cautioned that surgery:

- is often performed unnecessarily and carried out to drastic extremes ... sometimes in the honest belief that the operations were indicated, sometimes as a crass way of upping their incomes ~ Andrew Weil, Health and healing.
More Surgeons, More Operations!

A research study found that an area with:

- 2.5 surgeons experienced 590 surgeries per 10,000 population.
- 4.5 surgeons experienced 940 surgeries per 10,000 population.

Every doctor needs to perform about 200 operations a year to cover overheads and maintain his/her desired income.

The more specialised the doctors, the more expensive the procedures they utilize.

Unfortunately, this has not led to improved health.

Quoted from: Joseph Pizzorno, Total wellness.
The Operation Is A Success But The Patient Died!

In 1893, Compton Burnett wrote:

- Surgeons may think (of) the cutting-out and cutting-off process as curing. I think of them as a last refuge of helplessness.

- A lady came to me for a tumour of the breast. The lady’s husband declined my treatment ... she was successfully operated on, and thoroughly cured of her mammary tumour.

- Nine months later, she was again thoroughly cured of another tumour, by a perfectly successful operation.

- A few months thereafter, she was again successfully operated on for another tumour,

- And just as she was getting well, she died.

Quoted from: Compton Burnett, Curability of tumours by medicine.
Dr. Bernie Siegel, a surgeon wrote:

- *Since people often don’t get better and since everyone eventually dies, I felt like a failure over and over again* ~ Love, Medicine & Miracle.

- *Too many doctors are depressed because they only see their failures - all you know is that everyone has cancer, everybody dies. And it just wears you out.* ~ Cancer and Consciousness pg. 31
• It could be a cure for early, small tumours that have not spread to other parts of the bodies.

• Unfortunately, there is no reliable way to tell whether a tumour is localised or has metastasised. For example, in early stage breast cancer 30% or more of the women given a favourable prognosis after surgery experienced recurrences of their cancer.

• Surgeons routinely tell patients: *I got it all out* or *Every thing is clean*. Studies have shown that some cancer cells are left behind in 25% to 60% of the patients allowing malignant growths to recur.

• Surgery is often responsible for the spread of the cancer. Careless manipulation of the tumour tissues by the surgeon can spill literally millions of cancer cells into the blood stream.

• Similarly surgical biopsy can contribute to the spread of cancer.
RADIOTHERAPY FOR CANCER  
Most of the Time  
It Cannot Cure Cancer!

John Cairns, professor at the Harvard University School of Public Health, wrote:

- The majority of cancers cannot be cured by radiation because the dose of x-rays required to kill all the cancer cells would also kill the patient.
False Sense of Security

• Radiotherapy ... can eliminate the cancer initially, but not in the long term ~ Wolfgang Kostler.

• Many radiation complications do not occur for several years after treatment, giving the therapist and patients a false sense of security for a year or two following therapy ... the bone marrow ... is largely obliterated ... this is an irreversible effect.

~ Robert Jones, Seattle Times, 27 July 1980
After Radiotherapy, *There Would Be More Cancers Down the Road (?)*

- The problem with radiation is that like chemotherapy, it damages normal, healthy cells in the process of killing cancer cells.

- Radiation severely depresses immunity and can cause serious chromosomal damage.

- Radiotherapy is a powerful carcinogen; it causes secondary cancers in many patients exposed to it.

- In one study, as many as 17 percent of the patients treated with radiotherapy developed secondary cancers within twenty years in the sites exposed to the radiation.

*Quoted from: http://www.healthy.net/scr/Article.asp?Id=2003&xcntr=8*
Radiotherapy Causes Cancer

Dr. Lucien Israel, consultant to the National Cancer Institute, said in 1978:

- People who undergo radiation therapy are more likely to have their cancer metastasised to other sites.

- The radioactivity intended to kill cancer cells can ... trigger mutations that create new cancer cells of other types.

Quoted from: http://www.starhealthylife.com/page296.htm
Lucien Israel, Conquering cancer, pg. 95.
Ignorance to Danger

- Radiation is routinely recommended for cancer patients despite the fact that there is no proven benefit to survival.

- Although cancer specialists know that very few cancer patients are cured by radiotherapy, they continue to recommend it widely because they consider it to be a relatively harmless procedure.

- Doctors are desperate that they are losing the war against cancer and want to do everything they can to fight the disease.

- Patients are frightened and yearn for a magic bullet.

Quoted from: John Robbins, Reclaiming our health, pg. 234.
CHEMOTHERAPY FOR CANCER

Kill Cancer Cells, Kill Patients Too.

- Chemotherapy is an attempt to poison the body just short of death in the hope of killing the cancer before the entire body is killed.
- Most of the time it doesn’t work.

Giftkur ohne Nutzen
(The Useless Poisonous Cures)

Increasingly sophisticated and expensive cellular poisons are being given to seriously ill patients … patients do not actually live a day longer ~ Der Spiegel, 4 Oktober 2004.
Alan Levin, professor of immunology, University of California Medical School said:

- **Most cancer patients in this country die of chemotherapy.**
- **Chemotherapy does not eliminate breast, colon or lung cancers.**
- **This fact has been documented for over a decade.**
- **Yet doctors still use chemotherapy for these tumours.**
- **Women with breast cancer are likely to die faster with chemotherapy than without it.**
Cancer Drugs Don’t Work in All Patients
... only effective in 25% of patients. What happen to the remaining 75%?

Allen Rose, worldwide vice-president of Glaxo-SmithKline said:

- More than 90% of drugs only work in 30 to 50% of the people.
- Drugs in the market don’t work in everybody.
- Drugs for cancer only effective in 25% of the patients.

The Sun, 9 Dec. 2003.*
Chemo-drugs are lousy

- Everybody knows that our present cancer drugs are lousy ~ Wolfgang Wrasidlo, director of drug development, Scripps Clinic, La Jolla, California, pg. 164

- The existing treatments for cancer are probably the most barbaric in modern medicine, pg. 166.
The Contribution of Cytotoxic Chemotherapy

Writing in the journal of *Clinical Oncology* three doctors in the hospitals in Sydney, Australia, concluded:

- The 5-year relative survival rate for cancer in Australia is now over 60%, but it is clear that cytotoxic chemotherapy only makes a minor contribution to cancer survival.

- The overall contribution of curative and adjuvant cytotoxic chemotherapy to 5-year survival in adults was estimated to be 2.3% in Australia and 2.1% in the USA.

- *The benefits of chemotherapy have been over-sold.*
- *The emperor’s new clothes - can chemotherapy survive?*

*Quoted from: Clinical oncology 16 (8):549-560. 2004.*
http://www.australianprescriber.com/magazine/29/1/2/3/
Dr. Jeffrey Tobias, Clinical Director of the Meyerstein Institute of Oncology, UK, wrote:

- It is, however, quite surprising how often the rule of “first do no harm” is ignored.

- Although there is a natural tendency to recommend treatment in every case, one needs to keep a clear head as to what, realistically, might be the consequences – both beneficial and harmful.

- We have moved on, I think, from the indiscriminate and largely valueless use of chemotherapy in situations where there could be no justification other than the physician’s desire to do something.

Does it mean that in the past, chemotherapy had been used on patients indiscriminately and that it was valueless? How about today?

*Quoted from: Jeffrey Tobias, Cancer.*
Virtually all anti-cancer drugs are toxic and destroy the immune system.

- They are poisonous and kill both the cancerous and the normal cells.
- They attack the bone marrow destroying the white blood cells (which fight infection), the red blood cells (which carry oxygen), and the platelets (which help blood to clot).
- Patients undergoing chemotherapy may die of pneumonia or common infection.
- Death from toxicity is also common. In one study, 10% of 133 patients died as a result of direct toxicity to the chemo-drug 5FU.
- They can cause secondary cancers (such as gastrointestinal tract, ovaries and lungs) five, ten or 15 years after the successful chemotherapy.
- Long term effects of chemotherapy can include heart damage and increased risks of recurrence.
The Dream drugs or Smart Bombs are currently designed to target the cancer cells and block or slow the growth of certain types of cancer. They minimise damage to healthy cells.

- Of course, molecular targeted therapies also cause side effects, but these are generally more moderate than those caused by chemotherapy or radiotherapy.

- The common side effects of molecular targeted therapy may include diarrhea, fever, loss of appetite, nausea, rash, and weakness.

- Serious side effects may include severe allergic reactions, inflammation or scaring in the lungs, bleeding inside the body, irregular heartbeat, heart failure, blood clots, and dangerously low blood pressure.
The Smart Bombs

Targeted therapies include the use of monoclonal antibodies and small molecule inhibitors such as:

- Gleevec (imatinib mesylate) for chronic leukemia and gastrointestinal stromal tumour (GIST).
- Iressa (gefitinib) for non-small cell lung cancer.
- Tarceva for metastatic non-small cell lung cancer.
- Velcade (bortezomib) for multiple myeloma.
- Herceptin (trastuzumab) for breast cancer.
- Erbitux (cetuximab) for colon cancer and non-small cell lung cancer.
- Avastin (bevacizumab) for cancers of the colon, breast, sarcoma and non-small cell lung cancer.
- Nexavar (sorafenib) for advanced kidney cancer.
- Sutent (sunitinib) for advanced kidney cancer and GIST.
- Torisel (temsiroliimus) for advanced kidney cancer.

... And there shall be many more smart bombs to come.
Expensive Smart Bombs
That Prolong Life By Few Months

Targeted therapies are incredibly expensive. Are they worth the expense?

- Most of these new cancer drugs improve survival by only a few weeks or months.
- They don’t cure cancer.
- Ask your oncologist what you can expect from the *smart* drug he is prescribing you.

<table>
<thead>
<tr>
<th>Drug</th>
<th>Cost per month in US Dollars</th>
</tr>
</thead>
<tbody>
<tr>
<td>Zevalin</td>
<td>$24,000 (most expensive!)</td>
</tr>
<tr>
<td>Erbitux</td>
<td>$10,000</td>
</tr>
<tr>
<td>Avastin</td>
<td>$8,800 (breast /lung)</td>
</tr>
<tr>
<td>Avastin</td>
<td>$4,400 (colon)</td>
</tr>
<tr>
<td>Naxavar</td>
<td>$4,300</td>
</tr>
<tr>
<td>Rituxan</td>
<td>$4,200 to $13,000</td>
</tr>
<tr>
<td>Sutent</td>
<td>$4,000</td>
</tr>
<tr>
<td>Herceptin</td>
<td>$3,000</td>
</tr>
<tr>
<td>Gleevec</td>
<td>$2,600</td>
</tr>
<tr>
<td>Tarceva</td>
<td>$2,400 to $2,700</td>
</tr>
</tbody>
</table>

Strange Medicine, Astonishing Prices

Why are these drugs so expensive? It’s hard to know exactly, since drug pricing is a sacred prerogative protected by acts of Congress and the details remain shrouded in trade secrets.

Drug makers have typically defended high prices citing high cost of developing new medicines. But now, they are saying: If society wants the benefits, it must be ready to spend more for the treatments.

- William Burns, the chief executive of Roche’s pharmaceutical division, said: As we look at Avastin and Herceptin pricing, right now the health economics hold up, and therefore I don’t see any reason to be touching them. The pressure on society to use strong and good products is there.

- Dr. Susan Desmond-Hellmann, the president of product development of Genentech, said the company had set Avastin’s price based on the value of innovation, and the value of new therapies.

Iressa: The First Smart Bomb That Backfired

AstraZeneca informed the FDA of a study involving 1,700 lung cancer patients:

- Patients who took Iressa lived for 5.6 months.
- Those given a placebo (inactive, dummy pill) lived for 5.1 months.
- The study shows by taking Iressa, patients live longer by TWO weeks.
- As a result, Iressa was withdrawn in Western countries.

However, patients of Asian origin responded slightly better. They lived FOUR months longer.

- With Iressa lung cancer patients lived 9.5 months.
- Without Iressa patients lived only 5.5 months.
- As a result, Iressa is still being prescribed to patients in Asian countries.

Iressa costs RM 215 per tablet or RM 6,450 per month in Malaysia

The most common side effects of Iressa are:

- diarrhoea, rash, acne, dry skin, nausea, vomiting,

- interstitial lung disease (ILD), which involves scarring and inflammation of the lungs that can cause breathing problems,

- and pneumonia (causing difficulty breathing, coughs, fevers).

Quoted from: The Japan Times, 25 March 2004
http://news.bbc.co.uk/2/hi/health/2605109.stm
If Iressa cannot help you, then your oncologist may recommend Tarceva.

- Patients with lung cancer taking Tarceva lived 9.5 months.

- Lung cancer patients not taking Tarceva (on placebo) lived 6.7 months.

- Increased survival after taking Tarceva was 2.8 months.

- Nowhere in the medical literature is a claim that Tarceva cures lung cancer!

Patients have to decide if it is worth spending RM 8,000 per month on medication that never cures but is said to only prolong life by 2.8 months.

Quoted from:  http://www.tarceva.net/survivalresults.aspx
Erbitux

- Erbitux is a monoclonal antibody, used to treat metastatic colorectal cancer, and head and neck cancer.

- It is given with irinotecan (another chemo-drugs) or by itself.

- It is not known whether Erbitux will improve symptoms of colorectal cancer or help patients live longer.

- It has been shown to shrink tumours.

_Besides the hefty price tag, Erbitux comes with the following side effects:_

allergic reactions, skin reactions (shedding of the outer layer of the skin), headache, diarrhoea, kidney failure, lung disease, shortness of breath, blood clots in the lung, stomach pain, infection without abnormal decrease in white blood cell count.

_Quoted from:  http://www.fda.gov/cder/drug/infopage/erbitux/_
**Avastin**

Avastin is used to treat cancers of the colon, breast, sarcoma and non-small cell lung cancer.

- Avastin will not cure metastatic colorectal cancer.

- Patients given Avastin survived about five months longer.

In 2008, the FDA approved Avastin for treatment of advanced breast cancer on the basis that it doubled the number of women whose tumors shrank significantly.

- But it did not extend overall survival rates.

- It caused more serious side effects, including perhaps half a dozen deaths.

Avastin delays tumour growth by five and a half months. The big question is whether such response is worth the toxic side effects and its high cost!


[http://www.nytimes.com/2008/03/10/opinion/10mon2.html?_r=1&oref=slogin](http://www.nytimes.com/2008/03/10/opinion/10mon2.html?_r=1&oref=slogin)
The Side Effects of Avastin

- Holes in the colon requiring surgery to repair (gastrointestinal perforation). This can occur throughout the course of treatment and in some cases resulted in death.

- Slow or incomplete wound healing, e.g. surgical incision has trouble healing or staying closed.

- Severe bleeding leading to stroke or death, especially in lung cancer patients.

- Heart failure in certain patients.

- Clot in the vein (thrombophlebitis).

- Other side effects are: kidney damage, high blood pressure, tiredness/weakness, diarrhoea, decreased white blood cells, headache, loss of appetite and mouth sores.

Quoted from: http://www.fda.gov/cder/drug/infopage/avastin/avastinQ&A.htm
Herceptin

Herceptin is used with the usual chemotherapy regimen like doxorubicin, cyclophosphamide, and paclitaxel, or as single agent. This is what patients can expect from the drug:

• **Clinical trial with HER2-positive metastatic breast cancer showed:**
  Herceptin + chemotherapy –
  Median survival is 25.1 months.
  Chemotherapy without Herceptin –
  Median survival is 20.3 months.
*Conclusion: Prolong survival by 4.6 months if Herceptin is added to the chemo-regimen.* Take note, Herceptin does not cure breast cancer.

• **After one year women treated with:**
  Herceptin + chemotherapy – 79% of patients were alive.
  Chemotherapy without Herceptin – 68% of patients were alive.
*Conclusion: 11% more patients are alive after one year if Herceptin is added to the chemo-regimen.*

• **After three-and-a-half years women treated with:**
  Herceptin plus chemotherapy – 87% were disease-free.
  Chemotherapy without Herceptin – 71% were disease-free.
*Conclusion: 16% more women are disease free after 3.5 years if Herceptin is added to the chemo-regimen.*

The Side Effects of Herceptin

- Herceptin treatment can result in heart problems, including those without symptoms (reduced heart function) and those with symptoms (congestive heart failure). The risk and seriousness of these heart problems were highest in people who received both Herceptin and a certain type of chemotherapy (anthracycline).

- Some patients may have serious infusion reactions and lung problems. Such reactions may occur during or within 24 hours of receiving Herceptin.

- Worsening of low white blood cell counts associated with chemotherapy has also occurred.

- Other side effects are: chest pain or heavy feeling, pain spreading to the arm or shoulder, nausea, sweating, general ill feeling; feeling short of breath, even with mild exertion; swelling, rapid weight gain, coughs or wheezing, white patches or sores inside the mouth or on the lips, fevers, chills, body aches, flu symptoms, nausea, vomiting, diarrhoea, headache, tired feeling.

http://www.herceptin.com/herceptin/patient/index.jsp
http://health.yahoo.com/breastcancer-medications/trastuzumab-injectable/healthwise—d04357a1.html#d04357a1-sideeffects
Chapter 7

The Politics of Cancer
Politics Shapes Cancer Prevention

- Cancer is caused by chemicals in the air we breathe, the water we drink and the food we eat.

- Cancer is also caused by bad habits, bad working conditions, bad government and bad luck.

- Why is the bulk of cancer research dedicated to the improvement of treatment when the more sensible approach would be to encourage prevention?

- The root cause of the neglect of prevention is that cancer research, like cancer treatment, is a big business with close ties to pharmaceutical and manufacturing interests.

- The stables of the cancer research establishment are not what one would call clean.

- Politics shapes … what really causes cancer and what to do about it.

Quoted from: Robert Proctor, How politics shapes what we know and don’t know about cancer, pg. 15, 265, 266.
Minimal Research Funding For Prevention

- The Cancer Establishment has spent more than $20 billion trying to win the *War on Cancer* that it nevertheless continues to lose.

- It has a vested interest to keep you focused on damage control – early detection, treatment and basic genetic research – rather than in reducing the risk of developing the disease in the first place.

- Investigation into the more avoidable causes of breast cancer fails to receive proper funding or attention.

*Quoted from:* Samuel Epstein & David Steinman, *The breast cancer prevention program*, pg. ix, x, 7.
Dr. Alan Levin, Professor of Immunology at the University of California, said:

- **Physicians are intimidated into using regimens which they know do not work.**

- **One of the most glaring examples is chemotherapy which does not work for the majority of cancers.**

- **Physicians are coerced into using it by special interest groups which have vested interests in the profits of the drug industry.**

*Quoted from: Richard Walters, Options: The Alternative Cancer Therapy Book, pg. 13*
American medical system is profit-orientated, monopolistic professional organisation built on the Principle of More Sickness, More Profit.

- Disease is a big business.

- It is a eighty-billion-dollar-a-year booty.

- Cancer presents one of the biggest sources of income to the medical-drug-hospital industry.

*Quoted from: Paavo Airola, Cancer: causes, prevention and treatment – The total approach, pg. 20*
Protecting You or Protecting Profits

• To the Vested Interest, treatment *success* means profit, while *dangerous, not proven* or *questionable* treatment means threat to the profit of the cancer industry.

• That is why alternative cancer therapies are suppressed or barred from the public’s awareness. Of course, they do this on the pretext that they are protecting *public safety*.

• But dangerous and consistently unsuccessful radiotherapy and chemotherapy continue to dominate the field of oncology.

… *an incredibly lucrative business for doctors, hospitals and pharmaceutical companies* ~ Glen Warner, M.D.

*Quoted from:* Burton Goldberg, *An alternative medicine definitive guide to cancer*, pg. 646, 697.
Half Truth

- Most of what you have heard over your lifetime about cancer treatments is not the truth.
- At the very least, you have received an incomplete picture.
- If you believe the propaganda you have been fed and you develop cancer, it can cost you your life.

They put profit first. They don’t want the public to know about other options.

They say other options are hocus-pocus, unproven and unscientific.

As a result, chemotherapy, radiotherapy and surgery become the law of the land for cancer treatment.

*Quoted from: Burton Goldberg, An alternative medicine definitive guide to cancer, pg. 643, 644.*
Ensuring Money Flows Into Their Coffer

- The reason alternative cancer treatments are not acceptable by the medical profession has little to do with alleged ineffectiveness, rather it has to do with political control over the cancer industry.

- The politics of cancer ensures that the research, knowledge and treatment of cancer and public perception about cancer remain the way dictated by the Cancer Establishment.

- The Cancer Industry is organised around a medical monopoly to ensure that money continues to flow to the pharmaceutical companies, medical technology firms, research institutes, and government agencies such as the Food and Drug Administration (FDA) and the National Cancer Institute (NCI) and organisations such as the American Cancer Society (ACS).

- The doctors who treat patients and the scientists who conduct research are not the ones in control of the cancer field.

*Quoted from:* Burton Goldberg, *An alternative medicine definitive guide to cancer*, pg. 646.
Foreword

- Innovation in medicine is suppressed in our society by current laws, regulations and policies.

- Documented facts … clearly illustrate the suppression of new medical treatments if those treatments come from other than conventional sources.

~ Berkley Bedell, former member of US Congress.
Introduction

This, ladies and gentlemen, is evil …

- Virtually every scientific discovery over the ages has met a wall of resistance.

- The authority figures first recognise and acknowledge the value of the discovery.

- Next, they try to separate the innovator from his discovery, to essentially steal it … with a profit motive in mind.

- Finally, without fail, they pursue a no-holds-barred course to destroy the discoverer.

~ Julian Whitaker, Politics of healing, pg. xii
Toxic Response To New Idea

Throughout human history, significant innovation or discovery goes through three stages.

• First, they’re ridiculed.

• Second, they are heavily fought by those who have economic interests in the status quo.

• And finally, when the dam is breaking everyone says: Well we knew it all along.

~Schopenhauer, philosopher.
How Could There Be Politics In Cancer and Healing?

- For a layman, it is hard to conceive that some of the most basic organisation in our health establishment would lie and cheat, but lie and cheat they have.

- It is a terrible thing that we cannot really trust either the FDA or the NCI (National Cancer Institute).

- The FDA frequently appears less interested in protecting Americans from harmful drugs than from harmless ones, especially those capable of competing with prescription drugs.

- Surely one presumes, the best medical discoveries are adopted and the doctors use them. The tragic truth is that it is not that simple.

*Quoted from:* Daniel Haley, *Politics of healing*, pages 2, 7, 11.
Do you think the newspapers, magazines and TV news reports present medical information fairly and objectively? Think again.

- Medical propaganda is rampant. Its goal is to mislead, confuse and coerce you into supporting conventional medicine and enhancing the cancer industry’s spoils of war.

*Quoted from: Burton Goldberg, An alternative medicine definitive guide to cancer, pg. 685.*
Medical Journals Are Tools of Drug Companies

Richard Smith, editor for the prestigious *British Medical Journal* for 25 years said:

- *Medical journals are an immoral marketing tool for drug companies.*

- *Medical journals are an extension of the marketing arm of pharmaceutical companies.*

- *I’d always known medical journalism wasn’t about the truth.*


- *Journals have devolved into information laundering operations for the pharmaceutical industry.*

*Quoted from:* http://society.guardian.co.uk/print/0,3858,5226955-105965,00.html
http://medicine.plosjournals.org/perlserv/?request=get-document&doi=10.1371/journal.pmed.0020138
Modern Medicine: The New World Religion

There is no room for spirituality or human dimensions in medicine. Yet medicine functions as an organised religion – the world’s New Religion.

- Doctors have taken the place of priests.
- The fight against disease has replaced the fight against sin.
- Taking pills had become the sacraments / talismans.
- Medicine makes an absolute claim as the only true path to good health.
- *Charlatans* are condemned and persecuted today as *heretics* were yesterday.
- Only doctors know what is wrong with you and only doctors can prescribe the remedies.
- Patients are expected to obey their doctors as they do their priests!
- And as a result people are still being manipulated by their fears and childish hopes.

*Quoted from:* Olivier Clerc, [http://www.sickofdoctors.addr.com/articles/modernmedicine.htm](http://www.sickofdoctors.addr.com/articles/modernmedicine.htm)
Chapter 8

What To Do Now?
A century ago, 1 in 33 people had cancer. 
Now, cancer strikes more than 1 in 3. 
And the problem is getting more serious.

**Know that cancer can be successfully reversed using alternative medicine!**

*Quoted from: Burton Goldberg, *An alternative medicine definitive guide to cancer*, pg. 9*
Cancer – A Death Sentence?

If you go to the doctor and the doctor tells you: *I’m sorry. You have cancer.*

What’s your first question? *How long do I have?*

You don’t ask: *Doctor, what can we do or what can you do?*

You ask: *How long?*  
What does that mean? You have accepted the fact that it’s a death verdict.

And often in cancer – the treatment is worse than the disease!

Dr. Norman Shealy, a world renowned neurosurgeon wrote:

- Conventional medicine provides only temporary treatment of symptoms and offers mainly side effects and increased chronicity to most illness. The root causes of diseases are ignored.

- Medicine has ignored the most important aspect of healing – the untapped miracles of individual’s personal will, intuition and heart.

- When will, intuition and heart are united, even for a few moments, miracles occur.

- Many alternative therapies have produced miraculous cures that could not be expected from conventional medicine.

*Quoted from: Norman Shealy, Miracles do happen, pg. 6, 8, 15, 18*
Helpless patients are confused and desperate. Full of fear, they panic and don’t know what to do.

Dr. Guy Faguet wrote: *Aware of the ineffectiveness and toxicity of today’s chemotherapy drugs, desperate cancer patients seek providers of alternative medicines, who at best dispense harmless ... compounds or at worst are unscrupulous charlatans.*

*Quoted from: Guy Faguet, The war on cancer – an anatomy of failure, pg. 90*
The diagnosis is cancer.

_Oncologist said:_ I would like you in here next week. To start treatment.

_Author:_ Treatment? You said there was no cure.

_Onco:_ No cure. But we have _treatment_.

_A:_ Why treat if you cannot cure?

My life is to depend on the intelligence of this lady (oncologist). She is not explaining what she plans. Am I to sign myself on nothing? Is that what she expects?

(Michael declined chemotherapy and lived to write this book)
When I think what Rosemary went through. And others.

None were told what would happen.

They had ghastly treatments.

Then more ghastly treatments.

And in the end?

The hospital turns around: *Nothing more we can do for you. Go home and die* ~ pg. 31, 32.
Don’t Panic, Take Time to Evaluate Options

If you are ever diagnosed with cancer, this is my advice:

1. Do not panic – your world does not end with this diagnosis.

2. Don’t find a scapegoat – God, why me? This is a counter-productive attitude.

3. Seek and take positive steps to heal but do it at your own pace and time.

4. Don’t be rushed into any treatment just because they say the cancer may spread. In actual fact, most of the time, the cancer has already spread. Why the rush? A few weeks delay may not make much of a difference.

5. Take time to evaluate all possible options.

6. Listen to the Inner Voice in you and seek out your intuition.

7. Beware of vultures all around. They may just be after your money not your cancer!

8. Having arrived at your own decision, GO for it full heartedly.
Ensuring Your Best Treatment

- No single treatment is universally effective.

- Effective treatment for one type of cancer may not prove useful for another.

- So be an expert yourself to seek the best possible treatment for yourself.

Make Your Own Choice
It Is Your Healing
Facts Lead to Science,  
Experiences Lead to the Truth

Often Alternative Medicine is brushed off as being unproven!

Ask this question: Are you more concerned whether the treatment is scientific and proven?

Or are you more concerned whether the treatment works?

Is GETTING WELL not the most important outcome than anything else?

Tiziano Terzani wrote: The Chinese – like almost all Asians – have never posed the problem ... of defining what is and is not science. In their eyes, it worked and that was enough.

Quoted from: Tiziano Terzani, A fortune-teller told me, pg. 73.
Statistics Is Meaningless To Patients

Doctors base their advice on statistics. But statistics only tells what happen to the population at large, not to an individual patient.

For example:

- If colon cancer is detected early and removed surgically before the tumor is large or has spread, 90% of patients will live for at least five years.

- According to statistics, 10% of patients will have recurrence.

- The question is: who are these 10% who will have a recurrence? And who are the other 90% who survive five years?

- We cannot identify them. And there is no way you can be sure in which group you belong to.

Dr. Peter Black wrote: You are a statistics of one. No two tumours are alike. No one else shares your genetic makeup. As you explore treatment options and “success rates” of various procedures, you cannot assume that the statistics that you encounter apply to you.

Quoted from: Peter Black, Living with brain cancer tumour.
Alternative Medicine Is A Threat to Modern Medicine

Some people would say: If alternative medicine were any good, my doctors would know or would have told me about it.

- Your doctor may not know anything about alternative medicine. No medical schools ever teach their students alternative approaches to treat illness.

- Too often, doctors blindly follow the conventions of their profession and never look beyond to see what might work better.

- Your doctor may not want to know about it. Those in the Health Industry want health care to remain exactly the way it is now because they are thriving and profiting under this system. Successful alternative approaches to cancer represent a direct financial threat to the present system.

- Alternative approaches are also a serious intellectual threat to the present medical dogma.

*Quoted from: Burton Goldberg, An alternative medicine definitive guide to cancer, pg. 10*
Many of the most complex problems of science could be solved simply
~ Albert Einstein.

- I am aware that millions of dollars are being spent on cancer research. Even the most sophisticated equipment, drugs and the best brains could not cope with cancer.

- For me to tell you that some roadside weeds can bring relief or cure cancer is too simple to be taken seriously. To the educated mind it seems like a big joke.

Quoted from: Chris K. H. Teo, Cancer yet they live.
Make Your Decision That You Are Comfortable With

My advice is: *empower yourself and make your own decisions that you are comfortable with.*

- Getting the best cancer treatment can feel like a balancing act.
- You want to do as much as you can to get rid of the cancer and lower the risk of recurrence.
- But you’d like to avoid uncomfortable side effects that might lower your quality of life.

Dr. Lerner wrote:

- *Patients and their providers should continue to use the best data available ... while acknowledging the limitation of such statistics and the medical profession’s frequent inability to provide definitive answers.*
- *Rather than feeling compelled to reach decisions that are objectively “right”, women should choose what is right for themselves.*

*Quoted from: www.breastcancer.org
Barron Lerner, *The breast cancer wars.*
Chapter 9

Traditional and Complementary Medicine for Cancer
The Roots of Cancer

I firmly believe that cancer is a disease that has its roots and origins in the way we live – truly part of our lifestyle.

- A cancerous growth is not a disease but a symptom of poor health.

- The only way to effect healing – not cure – is to remove the source of the problem which is destroying the immune or other systems and do everything possible to bolster and support the body’s natural affinity for health.

Quoted from: Lawrence Stepanowicz, http://practicalhealth.net/cancer1.html
Cancer Is Not a Disease!

Doctors see the cancerous tumour as the disease which must be completely eliminated. Holistic healers see cancer as:

- the body’s desperate and final attempts to stay alive.
- cancer occurs after all other defence or healing mechanisms in the body have failed.
- the result of negligence – consciously or unconsciously, self-abuse of the body.

Cancer does not cause a person to be sick, it is the sickness of the person that causes the cancer.

Quoted from: Andreas Moritz, Cancer is not a disease.
Cancer is a symptom of modern society itself, a result of an unnatural lifestyle and way of eating.

Modern people are rapidly moving towards a totally artificial way of life.

By cutting ourselves off from nature and polluting or destroying the environment, we are undercutting the very foundation of life and health.

Rise of artificial food industry offering dead and junk food with preservatives, flavouring, colouring, etc.

Artificial conveniences, microwaves oven, electrical appliances, handphone, etc.

These have deleterious effects on human health.

*Quoted from: Michio Kushi, The macrobiotic approach to cancer.*
We Breed Cancer Ourselves

All diseases enter our body through the mouth ~
Hippocrates.

We often use forks and spoon to dig our own graves ~
Mikhail Tombark.

- Cancer reflects our inability to handle stress, ignorance of our physiology and disregard for the laws of nature.

- Cancer reflects unhealthy lifestyle – wrong diet, improper breathing, poor sleep, lack of exercise and negative thinking – from our childhood to old age.

- We breed cancer ourselves.

Quoted from: Mikhail Tombak, Cure the incurable.
Wisdom of China

Heaven, Earth and I are living together
And all things and I form an inseparable unity ~ Chuang-tzu

- The body is like a garden. To flourish it needs love, nourishment, tending and rest.

- Twelve rivers flow along distinct meridians dispersing Qi or Vital Force.

- When Qi flows freely the body is in balance and there will be no illness.

- Unbalanced Qi causes organ dysfunction.

- Prolonged organ dysfunction leads to stagnation or impaired circulation resulting in symptoms of illness.

- Prolonged stagnation produces mass.
Internal Harmony

- In Chinese medicine, the mind, emotions and body are not seen as separate but as a continuum.

- A person’s emotional and mental states are seen as having a significant impact on the body and *vice versa*.

- Good health is seen as a reflection of internal harmony.

- Illness occurs when there is a disturbance of the internal harmony within the body.

My interest in Traditional Chinese Medicine (TCM) was fuelled by a fascination of the intricate relationships between the mind, body and the environment – concepts that are surely lacking in current, conventional medicine.

We need to recognise that we are spiritual beings in a human body.

In TCM, the development of cancer is viewed as an imbalance of the whole body-mind network. It is believed that if one can strengthen and rebalance the body-mind network, the normal pattern will be restored and this will help to resolve the cancer.

_Quoted from:_ Stephen Sagar, *Restored harmony*, pg. xvi, xvii.
Stephen Sagar & Raimond Wong, *Alternative treatment for cancer*, pg.1-2
Foreword *Restored harmony*

- *Over the last twenty years, I’ve been exploring the integration of Chinese medicine into ... comprehensive care for cancer patients.*

- *It is now clear to me and to many others in the field, that Chinese medicine can, and should, be available to everyone who is being treated for cancer.*

~ James Gordon, Georgetown University School of Medicine, Chair of the White House Committee on CAM Policy,
In addition to the best medical care possible, *nutrition*, *exercise* and *stress reduction* are absolutely necessary to make your cancer treatment more effective and prevent cancer’s return.

*Quoted from:* Barry Boyd, *The cancer recovery plan*, 1,17.
Nutritional Therapy Revives
The Body’s Defense Mechanism

There is nothing in surgery that will prevent the spread of cancer.

There is nothing in radiation that will prevent the spread of the disease.

There is nothing in chemotherapy that will prevent the disease spreading.

The only thing known to mankind today that will prevent the spread of cancer within the body is for the body’s defense mechanisms to once again function normally.

That is what nutritional therapy does – it treats the defense mechanism, not the tumour.

Quoted from: Philip Binzel Jr., Alive and well, pg. 135.
Live With Your Cancer!

The tumour destruction paradigm:

- Oncologists only look at the tumours. They use chemotherapy and radiotherapy to destroy the tumours at all cost. They take scanning images to monitor tumour growth. When the tumours shrink or disappear, they would say: *How marvelous!*

- The truth is, these tumours may come back again!

- Are oncologists more concern about *killing* the tumour and the patient completing the chemo-treatment or about how the patient as a person is doing?

- The FDA approves and considers a drug *effective* if it is able to shrink tumour by 50% for 28 days. The questions whether cancer can be cured by the drug or whether the patients suffer greatly due to the drug are not important consideration.

Patients heal yourselves:

- Alternative medicine does not attempt to destroy or kill anything.

- It rebalances, nourishes and allows your body to heal itself.

- You learn how to live with the cancer.
**Does Nutritional Therapy Work?**

- If you are tumour orientated and are looking for something to make the tumour magically disappear – the answer is NO, it doesn’t.

- If you are looking for something that will prevent the disease from spreading and save the life of the patient – the answer is YES, it does.

**If doctors in this country don’t start going to nutrition, the patients are going to stop going to the doctors!**

*Quoted from: Philip Binzel Jr., *Alive and well*, pg. 137, 138.*
Chapter 10

The CA Care Therapy
The CA Care Therapy

1. Give total commitment.

2. Seek proper medical advice, but know the limit of medical science.

3. Take herbs.

4. Eat rightly.

5. Lead a stress-free, happy, and Godly life. Go for qi kung, mediation, etc.

Foreword

• We need all the partners for health to come together to provide quality care for our patients in need.

• The field of alternative or complementary medicine, is often not proven scientifically.

• However, the issue will be to decide on the beneficial therapies as opposed to non-productive therapies.

~ Dato Chua Jui Meng, Minister of Health Malaysia

Our hands but God heals

• This is a concept, not a magic bullet.

• Multi approach to healing, comes as a package deal.

• Health is your responsibility – heal yourself.

• Change your mindset and lifestyle.
Those Who Came for Help

1. Over the past 13 years, we have seen thousands of cancer patients with different cancers and from different countries.

2. Almost all of them have seen their doctors. Medical treatments did not cure them.
CA Care Provides Advice Free of Charge

Many doctors don’t bother to counsel their patients after treatment. Once cancer treatment is completed, most patients are left on their own to cope with the rest of their lives. This is what I call falling off the cliff. Patients are left in free fall.
~ Barry Boyd, The cancer recovery plan.

If you need our help, please come with all your medical reports and we shall explain and try to help you the best we can. We provide whatever information you need without charge.
You must Give
Your Total Commitment
to Your Healing

Power of the Mind & Belief

- The insensitivity of scientific medicine to the bad
effects of wrong emotions is probably responsible
for many failures ~ J.D. Frank

You come to find the best doctor.
There is none here.
Because the best doctor is found within you.

We too wish to find the best,
that is, the best patient.
For it is with the best patient that we can
both find healing together ~ for you.
Eat Rightly

Patients are often told they can eat anything they like – food has nothing to do with your cancer! We disagree.

- We now know that the cause of more than 70% of malignancies may be due in some ways related to what we eat ~ Dr. Vincent deVita, Director, Yale Cancer Centre & former Director, National Cancer Institute.

In addition to the best medical care possible,

- **NUTRITION, EXERCISE and STRESS REDUCTION are absolutely necessary to make your cancer treatment more effective and prevent cancer’s return ~ Barry Boyd, Professor, Yale Cancer Center and director, Integrative Oncology program, Greenwich Hospital.**

We advise patients to avoid:

Meat, dairy products, refined table salt, white sugar, cooking oil (except coconut oil and olive oil), and preserved, canned or processed food.
• Oncologist HARM their patients by giving them cancer-promoting nutritional advice.

• Oncologist forbid patients to take supplements or herbs while on treatment.

• This is based on ignorance - not valid scientific facts or studies.

Pray and lead a stress-free, God-fearing life.

• The subject of God or prayer is a taboo in science or medicine.

• Research has shown that *Prayer is good medicine.*
Is the Therapy effective?  
Can its outcome be repeated and predicted?

1. If you come hoping to find a magic bullet — We have none.

2. If you come to find a quick fix — Our healing path is not easy.

3. If you need a guarantee of a cure — Sorry, we cannot provide any promise or guarantee. Each patient is unique and has to find his/her own healing path.

   Only about 30% of patients who come benefited. We tell patients: If there is no positive response or benefit after two weeks of consuming the herbs, then go elsewhere for help.

Experience shows that patients do benefit from our therapy. The following are some case studies.

Case Study 1: Two-month Old Baby With Metastatic Neuroblastoma Stage 4.

- Prognosis: 3 to 6 months to live.
- Declined chemotherapy and took herbs.
- From June 1999 to today (July 2008) patient is still doing well.
Case Study 2: Twelve-year-old Female With Brain Tumour

- In 2002 had fluid in the brain (hydrocephalus) and was diagnosed with pineocytoma.
- A V-P shunt (tubing) was installed but she suffered relapse six months later.
- Reinstalled V-P shunt because earlier one was wrongly placed.
- No further treatment ~ wait and see.
- In 2004 ~ tumour grew in size. Neurosurgen suggested radiotherapy as growing tumour could kill her. Declined radiotherapy and opted for herbs.

**Progression of tumour growth from 2002 to 2007**

<table>
<thead>
<tr>
<th>Date of MRI</th>
<th>Tumour size (cm)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Nov. 2002</td>
<td>1.5 x 2.0 x 2.1</td>
</tr>
<tr>
<td>9 Oct. 2003</td>
<td>2.0 x 2.6 x 2.6</td>
</tr>
<tr>
<td>8 Oct. 2004</td>
<td>2.5 x 2.7 x 3.1</td>
</tr>
</tbody>
</table>

**Wait and see policy** Tumour size increased by 231% (?)
**Question:** Will tumour grow further next year?

**Started on Herbs 17 October 2004**

<table>
<thead>
<tr>
<th>Date</th>
<th>Tumour size (cm)</th>
</tr>
</thead>
<tbody>
<tr>
<td>14 Oct. 2005</td>
<td>2.0 x 2.0 x 3.5</td>
</tr>
<tr>
<td>7 Nov. 2006</td>
<td>1.5 x 2.5 x 3.0</td>
</tr>
<tr>
<td>20 Oct. 2007</td>
<td>1.4 x 1.9 x 3.0</td>
</tr>
</tbody>
</table>

Tumour size decreased by 43% (?)
Case Study 3: *Metastatic Colon–Liver Cancer*


Underwent the following:
2. Chemotherapy, 12 x
3. Radiofrequency ablation (RFA) liver, 2 x.
4. RFA failed.
5. Declined liver surgery.
6. Declined more chemotherapy.
7. On herbs after surgery up to this day, July 2008.

Now, patient leads a normal life – playing golf, etc. like any healthy person.
Case Study 4: *Metastatic Breast Cancer*

A 44-year-old radiographer from Hong Kong.

- In August 1993, mastectomy. Cancer had metastasised to the bone.
- Underwent chemotherapy + radiotherapy + tamoxifen and Orimetene.
- Cancer metastasised to the liver.
- Underwent chemotherapy with FAC 6 cycles + Taxol 8 cycles, followed by Xeloda.

She wrote: *My lower limbs feel numb. I feel tired easily, my heart sometimes beat irregularly. I feel short of breath … I hope Dr. Teo will help me.*

- Started taking herbs in August 2002.
- E-mail, 26 March 2006, she wrote: *I had my blood test done on 15 March 2006. Most of the results are within normal limits.*

**June 2008, patient is leading a normal life.**
Case Study 5: Lung Cancer - Survived Three Years With Herbs.

A 64-year-old, male, ex-heavy smoker.

- June 2004, started to cough, with chest pains, shortness of breath and weight loss.

- Initially, diagnosed as tuberculosis (TB) but later confirmed as non-small cell lung cancer with suspicious lesions in the liver which could be cysts or metastases.

The patient said: *When I was first diagnosed with lung cancer, it was a very bad case. The doctor told my son to let me eat whatever I like and go wherever I want to go. Let me enjoy life. I was not going to last. When he told my son I was also there. I heard what he said. My son was very angry.*

- Patient declined chemotherapy and opted for herbs.

- For three years patient was doing fine while on the herbs.

- About mid-2007, patient had problems with urination (prostate enlargement?).

- Doctor prescribed Cardura (Doxazosin mesylate) and Ranitidine and other medications.

- Patient became breathless three months after taking these medications and died in March 2008.
Case Study 6: *Thyroid Nodule Disappeared After Two Weeks of Taking Herbs.*

Female 53-year-old-medical doctor. On hormone replacement therapy (HRT) for the past three years.

- Ultrasound 6 September 2006: Nodule in the left thyroid 8.1 mm. Cyst in the right thyroid 4.2 mm.

- Declined biopsy, opted for herbs (on 26 Nov, 2006) *because if malignant then I am sure my doctor will do surgery or chemotherapy.*

- Email, 15 December 2006. *Good news for you. I have done a USG to my thyroid yesterday and do it again today – because the doctor wanted to make sure. Ultrasound on 13 Dec. 2006, the nodule in my left thyroid was gone! Cyst in the right thyroid was 4.0 mm with calcification in the center.*
Female, 49 years old.

August 2003, diagnosed with liver cancer. Tumour size 8.7 x 6.6 x 10.0 cm. Doctor at government hospital said no treatment for her. She felt tired and dizzy.

9 January 2004 – started on herbs.
30 January 2004 – no more tiredness / dizziness.
29 February 2004 – weight increase, 5 kg.

July 2008 Doctor asked: What did you take?
Five years after diagnosis, she lives a normal life.

According to Medical Literature
Mean survival of liver cancer without treatment is 1 to 4 months. For tumour larger than 6 cm, mean survival is 3.5 weeks. Prognosis worsen with increased tumour size.
Prostate Cancer: Hormone + Herbs

**Indonesia / 62 years old.** May 2000, PSA = 436. Two weeks on herbs, back pains and stomach bloatedness were gone. PSA was down to 46.9.

**Australia.** May 2000. *After taking herbs for three months, Jose’s PSA had reduced from 96 to 0.2. His pains were gone.*

**England / 65 years old.** January 2002, PSA = 107. Bloody urine. June 2002 after three months of herbs, PSA = 0.5. He wrote: *Our consultant stated that during his lifetime in practice he had never before witness such results. He used words such as fantastic, excellent.*


**Malaysia / 83 years old.** Metastasis to bones, PSA = 27.1. Severe back pains and could not move. No appetite and hourly urination. September 2000, took herbs + hormone injection. April 2001, PSA = 0.2. Doctor said: *Everything okay, no need to come and see me.*

**The Cancer Winners - Why They Live**

- They accepted that health is their own responsibility and that they must do something for themselves if they want to live.
- To do something means to institute changes in their lives.
- They traded the conventional invasive and toxic treatments recommended by their doctors for something simple and very much less harmful – a change of diet, lifestyle and taking of herbs.

*These people lived!*
*And they live to share their stories with you in this book.*

**Profile of the Losers**

- Many patients who come to us are often ignorant, either by choice or by circumstance.
- Some have not learned that their health and healing are entirely their own responsibility.
- They fail to realise that to get well or to continue to be well rests entirely on them.
- They come hoping for us to prescribe them the magic bullet.
- They want to find healing on their own terms.
- They do not want to learn and change their perceptions, attitudes, diet and lifestyle.

*There is no short cut to healing. They need to believe and practise what they have learned.*
The Cancer Care Prayer

Make us Lord, an instrument of Your love,
And a light in the path of darkness.
To those who are lost, help us show a way,
To those in despair, let there be Hope,
To those in sadness, let there we Joy.
Grant us Lord, wisdom to do things rightly,
Strength to humbly help others,
And courage to resist greed and self-glorification.

Personal Statement

I am convinced that the best protection against the evil that lurks among us is information ~ Julian Whitaker.

The world is a dangerous place, not because of those who do evil, But because of those who look on and do nothing ~ Albert Einstein.

We use fire to cook our food and keep us warm. But fire, if left out of control can destroy. The same can be said about medicine, particularly so in cancer treatment. There is no straight forward Yes or No answer. Each patient has to take a healing path unique to his/her own, filled with danger and uncertainty.

By writing this book, people may construe that I am anti-medicine or anti-doctors. I am not. I tell patients to seek doctors’ advice first if they think they get cancer. I do not see patients without their medical reports. I ask patients to explore all possible options and evaluate them accordingly. Whether patients undergo chemotherapy / radiotherapy or not, is entirely their own decision. We have to respect whatever decisions they make. They are fighting the battle of their life. My role for cancer patients is to provide honest and truthful information about what they need to know. Facts and opinions contained in this book are not my own but men of great reputation and expertise. Respond to them any way that may please you.

This book is therefore not about critising medicine. Medicine has indeed helped mankind in many ways in the past and it is going to do the same in the future. But medicine has its limitations, particularly when it comes to cancer.

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