Postgraduate Diploma in Obstetrics and Medical Gynaecology

Introduction

The Postgraduate Diploma in Obstetrics and Medical Gynaecology (PGDipObstMedGyn) is aimed at improving obstetric and gynaecological care provided in the community.

Update your knowledge on early pregnancy screening, common antenatal problems, who should care for whom in pregnancy and why, should Caesarean Section be available on demand, current contraception, managing common menstrual problems, HRT use, incontinence and much more.

The programme is structured in such a way to enable you to

- Study from home via audio conferences with an enthusiastic academic team and colleagues.
- Develop practical skills at the residential courses.
- Find your own answers in clinical situations.
- Research topics of interest.
- Satisfy CME needs whilst expanding your knowledge base for everyday practice.
- Meet colleagues and tutors.
- Individualised programmes to suit individual needs.
- Prepare you for General Practice.
Programme outline

**Admission**
In order to be admitted to this programme, a student needs to:

- Have completed the requirements for the Degree of Bachelor of Medicine and Bachelor of Surgery, or an equivalent medical qualification approved by Senate or its representative.
- Hold current registration either with the Medical Council of New Zealand or as a Medical Practitioner in the country of domicile.
- Satisfy the Dean of Faculty of Medical and Health Sciences that they have adequate access to clinical work to undertake the programme at a facility approved by The University of Auckland.

**Duration and total points value**
- Points Value: 120
- Time to complete: Within one year if enrolled full time, within four years if enrolled part time.
- The total enrolment for this postgraduate diploma must not exceed 160 points.

**Structure and Content**
A student enrolled for this postgraduate diploma must pass 120 points from courses listed below in the Postgraduate Diploma in Obstetrics and Medical Gynaecology Schedule:

- **OBSTGYN 712** – Contraception, Pre and Early Pregnancy (15 Points)
- **OBSTGYN 713** – Pregnancy Care in the Community (15 Points)
- **OBSTGYN 715** – Medical Gynaecology I (15 Points)
- **OBSTGYN 716** – Medical Gynaecology II (15 Points)
- **OBSTGYN 717** – Practical Obstetrics and Gynaecology (30 Points)
- **OBSTGYN 721** – Obstetrics Residential (15 Points)
- **OBSTGYN 722** – Gynaecology Residential (15 Points)
University admissions and enrolment
Student Services Online is the new and improved way to apply to the University, enrol in classes, view your timetables, update your details and much more. This site contains help guides and video tutorials.

www.studentservices.auckland.ac.nz/uoa/

International students
If you are an international student (that is, you do not have citizenship or permanent residency in New Zealand or Australia) then you should contact Auckland International for application information.

Email: international@auckland.ac.nz

For information about Obstetrics and Gynaecology courses, contact:

Janine Joubert
Department of Obstetrics and Gynaecology
Grafton Campus
The University of Auckland
Private Bag 92019
Auckland 1142, New Zealand
Phone: +64 9 923 9717
Fax: +64 9 303 5969
Email: j.joubert@auckland.ac.nz

or

Prof Cindy Farquhar
Department of Obstetrics and Gynaecology
Grafton Campus
The University of Auckland
Private Bag 92019
Auckland 1142, New Zealand
Phone: +64 9 923 9493
Fax: +64 9 303 5969
Email: c.farquhar@auckland.ac.nz
Description of course content

**OBSTGYN 712**

**Contraception and Pre and Early Pregnancy (15 points)**

14 week online course offered through fully distance mode of teaching.

The course will involve 150 student learning hours i.e. 11-12 study hours per week and can be used for your own continuing education or for continuing education points.

This course is assessed by assignments for each of the topics covered, a portfolio and a final Multi Choice Question Exam.

The course will cover:

- Contraception (oral hormonal, injectable and intrauterine along with barrier, emergency and permanent methods).
- Preconceptual counselling.
- Early pregnancy screening (fetal development, diagnosis of abnormal fetal development, concepts of screening and diagnosis, patient communication and counselling).
- Early normal pregnancy management (changes in normal early pregnancy, first antenatal visit).
- Management of abnormal early pregnancy (differential diagnosis of first trimester bleeding and pain, specific problems-management and communication).

**OBSTGYN 713**

**Pregnancy Care in the Community (15 points)**

Course duration is 12 weeks.

The course will involve six evening audio conference teaching sessions fortnightly on a Tuesday night from 5–7pm. The course requires 3 hours for reading/preparation for the audioconference and 3 hours for the assignment.

This course is assessed by assignments for each of the audioconferences and a final Multi Choice Question Exam.

The course will cover:

- Pregnancy care in the community.
- Obstetric emergencies.
- Common disorders and prescribing in pregnancy.
- Birth and birth complications.
- Immediate postpartum period.
- The newborn.
**OBSTGYN 715**

**Medical Gynaecology I (15 points)**

11 week online course offered through fully distance mode of teaching.

The course will involve 150 student learning hours i.e. 11-12 study hours per week and can be used for your own continuing education or for continuing education points.

This course is assessed by assignments for each of the topics covered, a portfolio and a final Multi Choice Question Exam.

The course will cover:

- Cervical and breast screening.
- Menstrual disorders (including bleeding problems, pelvic pain and PMS).
- Sexually transmitted infections.
- Vaginal discharges.
- Vulval problems.
- Menopause.

---

**OBSTGYN 716**

**Medical Gynaecology II (15 points)**

Course duration is 12 weeks.

The course will involve six evening audio conference teaching sessions fortnightly on a Tuesday night from 5–7pm. The course requires 3 hours for reading/preparation for the audioconference and 3 hours for the assignment.

This course is assessed by assignments for each of the audioconferences and a final Multi Choice Question Exam.

The course will cover:

- Family violence / sexual assault/adolescent gynae.
- Termination of pregnancy.
- Infertility.
- Urogynaecology / prolapse.
- Gynaecological cancers (cervical and vulval).
- Gynaecological cancers (ovarian and endometrial).
OBSTGYN 717

Practical Obstetrics and Gynaecology (30 points)

Core clinical course with a logbook requirement usually of 9 - 12 months of clinical work but it is possible to do it in 6 months depending on your clinical placement.

The Logbook for the clinical course is to be approved by the Academic Coordinator of the programme as a prerequisite for completing the course. All clinical experience and training must be supervised by an approved local supervisor who may be a specialist or general practitioner obstetrician.

The clinical course is assessed by an OSCE (Objective Structured Clinical Examination).

Logbook requirements:

<table>
<thead>
<tr>
<th>P = Perform</th>
<th>O = Observed by trainee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vaginal deliveries</td>
<td>20 P</td>
</tr>
<tr>
<td>Early pregnancy clinic</td>
<td>5 – 10 P</td>
</tr>
<tr>
<td>Counselling TOP</td>
<td>5 O</td>
</tr>
<tr>
<td>Antenatal clinics</td>
<td>10 P with 6 booking visits</td>
</tr>
<tr>
<td>Postnatal clinics</td>
<td>10 P</td>
</tr>
<tr>
<td>Gynaecology / colposcopy</td>
<td>10 P/O</td>
</tr>
<tr>
<td>Includes 2 infertility 4 menstrual problems</td>
<td></td>
</tr>
<tr>
<td>Contraceptive counselling</td>
<td>10 P</td>
</tr>
<tr>
<td>Mirena insertions</td>
<td>5 O</td>
</tr>
<tr>
<td>Assisted vaginal deliveries</td>
<td>5 O</td>
</tr>
<tr>
<td>Caesarean sections</td>
<td>5 – 10 O</td>
</tr>
<tr>
<td>Perineal repairs</td>
<td>5 – 10 P</td>
</tr>
<tr>
<td>Neonatal asphyxia</td>
<td>3 O</td>
</tr>
</tbody>
</table>
OBSTGYN 721

Obstetrics Residential  (15 points)

3 day Introductory Residential course starting in June or December

The course will cover:

• Introduction to Cecil – The University of Auckland Learning Management System.
• Communication and counselling skills.
• Sexual assault management.
• Preliminary labour and postnatal ward management of mothers and babies.
• Clinical obstetrics and gynaecological examinations.
• Preliminary gynaecology procedures.
• Introduction to ultrasound.

This course is assessed by an assignment which consists of 3 short questions.

OBSTGYN 722

Gynaecology Residential  (15 points)

3 day Final Residential course starting in June or December

The course will cover:

• Detailed information on prenatal diagnosis and early pregnancy screening.
• Maternal mental health.
• Public health issues in obstetrics.
• The first 6 weeks of life.
• Infertility treatments.
• STI’s, vulval problems.
• Hysterectomy counselling.
• HRT.

This course is assessed by an assignment which consists of 3 short questions.
### Key teaching dates

<table>
<thead>
<tr>
<th>Course</th>
<th>Week</th>
<th>Dec 2012 intake</th>
<th>June 2013 intake</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>712 Contraception, Pre and Early Pregnancy – Academic Coordinator: Helen Roberts</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Introduction</td>
<td>Week 1</td>
<td>4 March 2013</td>
<td>22 July 2013</td>
</tr>
<tr>
<td>Fertility Regulation &amp; Contraception 1</td>
<td>Weeks 2 &amp; 3</td>
<td>11 &amp; 18 March 2013</td>
<td>29 July &amp; 05 August 2013</td>
</tr>
<tr>
<td>Fertility Regulation &amp; Contraception 2</td>
<td>Weeks 4 &amp; 5</td>
<td>25 March &amp; 01 April 13</td>
<td>12 &amp; 19 August 2013</td>
</tr>
<tr>
<td>Self-Directed Learning</td>
<td>Week 6</td>
<td>8 April 2013</td>
<td>26 August 2013</td>
</tr>
<tr>
<td>Preconception Counselling</td>
<td>Week 7</td>
<td>15 April 2013</td>
<td>2 September 2013</td>
</tr>
<tr>
<td>Early Pregnancy – Normal Pregnancy</td>
<td>Weeks 8 &amp; 9</td>
<td>22 &amp; 29 April 2013</td>
<td>09 &amp; 16 September 2013</td>
</tr>
<tr>
<td>Self-Directed Learning</td>
<td>Week 10</td>
<td>6 May 2013</td>
<td>23 September 2013</td>
</tr>
<tr>
<td>Early Pregnancy Screening</td>
<td>Weeks 11 &amp; 12</td>
<td>13 &amp; 20 May 2013</td>
<td>30 September &amp; 07 October 2013</td>
</tr>
<tr>
<td>Early Pregnancy – Abnormal Pregnancy</td>
<td>Weeks 13 &amp; 14</td>
<td>27 May &amp; 03 June</td>
<td>14 &amp; 21 Oct 2013</td>
</tr>
<tr>
<td><strong>713 Pregnancy and Postnatal Care - Academic Coordinator: Katie Groom</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pregnancy Care in the Community</td>
<td></td>
<td>Tues 11 Dec 2012</td>
<td>Tues 18 June 2013</td>
</tr>
<tr>
<td>Obstetric Emergencies</td>
<td></td>
<td>Tues 15 Jan 2013</td>
<td>Tues 02 July 2013</td>
</tr>
<tr>
<td>Common Disorders in Pregnancy</td>
<td></td>
<td>Tues 29 Jan 2013</td>
<td>Tues 16 July 2013</td>
</tr>
<tr>
<td>Birth Matters</td>
<td></td>
<td>Tues 12 Feb 2013</td>
<td>Tues 15 Oct 2013</td>
</tr>
<tr>
<td>Immediate Postpartum Period</td>
<td></td>
<td>Tues 26 Feb 2013</td>
<td>Tues 29 Oct 2013</td>
</tr>
<tr>
<td>The Newborn</td>
<td></td>
<td>Tues 12 Mar 2013</td>
<td>Tues 12 Nov 2013</td>
</tr>
<tr>
<td>Course Title</td>
<td>Week</td>
<td>Dec 2012 intake</td>
<td>June 2013 intake</td>
</tr>
<tr>
<td>-----------------------------------------------------------------------------</td>
<td>------------</td>
<td>-----------------------</td>
<td>------------------------</td>
</tr>
<tr>
<td><strong>715 Medical Gynaecology - Academic Coordinator: Cindy Farquhar</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Introduction</td>
<td>Week 1</td>
<td>22 July 2013</td>
<td>3 March 2014</td>
</tr>
<tr>
<td>Women’s health issues – Cx and breast screening</td>
<td>Week 2</td>
<td>29 July 2013</td>
<td>10 March 2014</td>
</tr>
<tr>
<td>Menstrual Disorders: Bleeding problems – causes and management options</td>
<td>Week 3</td>
<td>5 August 2013</td>
<td>17 March 2014</td>
</tr>
<tr>
<td>Menstrual Disorders: Pelvic Pain dyspareunia, PMS</td>
<td>Week 4</td>
<td>12 August 2013</td>
<td>24 March 2014</td>
</tr>
<tr>
<td>Self-Directed Learning</td>
<td>Week 5</td>
<td>19 August 2013</td>
<td>31 March 2014</td>
</tr>
<tr>
<td>Women’s health issues – STI’s</td>
<td>Week 6</td>
<td>26 August 2013</td>
<td>7 April 2014</td>
</tr>
<tr>
<td>Vulval problems / Vaginal Discharge</td>
<td>Weeks 7 &amp; 8</td>
<td>2 &amp; 9 Sept 2013</td>
<td>14 &amp; 21 April 2014</td>
</tr>
<tr>
<td>Self-Directed Learning</td>
<td>Week 9</td>
<td>16 September 2013</td>
<td>28 April 2014</td>
</tr>
<tr>
<td>Climacteric and Menopause 1</td>
<td>Week 10</td>
<td>23 September 2013</td>
<td>5 May 2014</td>
</tr>
<tr>
<td>Climacteric and Menopause 2</td>
<td>Week 11</td>
<td>30 September 2013</td>
<td>12 May 2014</td>
</tr>
<tr>
<td><strong>716 Medical Gynaecology II - Academic Coordinator: Alec Ekeroma</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Family Violence / Sexual Assault/ Adolescent Gynae</td>
<td></td>
<td>11 June 2013</td>
<td>03 Dec 2013</td>
</tr>
<tr>
<td>Termination of Pregnancy</td>
<td></td>
<td>25 June 2013</td>
<td>17 Dec 2013</td>
</tr>
<tr>
<td>Infertility</td>
<td></td>
<td>09 July 2013</td>
<td>07 Jan 2014</td>
</tr>
<tr>
<td>Urogynaecology / Prolapse</td>
<td></td>
<td>08 Oct 2013</td>
<td>21 Jan 2014</td>
</tr>
<tr>
<td>Gynaecological Cancers 1</td>
<td></td>
<td>22 Oct 2013</td>
<td>04 Feb 2014</td>
</tr>
<tr>
<td>Gynaecological Cancers 2</td>
<td></td>
<td>05 Nov 2013</td>
<td>18 Feb 2014</td>
</tr>
</tbody>
</table>
**Introductory Residential Course**
721 = 5-7 December 2012
721 = 4-6 June 2013
721 = 4-6 December 2013

**Final Residential Course**
722 = 14-16 November 2012
722 = 28-30 May 2013
722 = 13-15 November 2013

**Exams**
OSCE = 22 Nov 2012 in AKL
MCQ = 12 November 2012

OSCE = WTN TBA
MCQ = 10 June 2013

OSCE = 21 Nov 2013 in AKL
MCQ = 11 November 2013

**Accommodation / travel**
You are responsible for getting to and from Auckland yourself and for arranging your own accommodation for the Residential Courses.

Please contact your hospital RMO directly for financial assistance with flights and accommodation.

The Department of Obstetrics and Gynaecology is situated on Level 12, Support Building on Auckland City Hospital site at Park Road, Grafton, Auckland.

Below is a list of accommodation within walking distance of Auckland City Hospital:

**St Martin’s Waldorf Apartments Hotel**
12 St. Martins Lane, Grafton Auckland
Telephone: +64 9 929 2000
Facsimile: +64 9 929 2001
www.st-martins-waldorf.co.nz/

**Domain Lodge**
1 Boyle Crescent, Grafton, Auckland
Telephone: +64 9 308 0161
Fax: +64 9 308 0175
www.domainlodge.co.nz/

**Grafton Oaks**
121 Grafton Road, Auckland
Telephone: +64 9 309-0167
Fax: +64 9 377-5962
www.graftonoakshotel.co.nz/

**Quest Newmarket**
31 – 39 Davis Crescent, Newmarket, Auckland
Telephone: +64 9 520 3000
Fax: +64 9 520 3005
www.questnewmarket.co.nz

**Parking**
There is no student parking available for teaching at Grafton Campus. The options are either to find a park in Auckland Domain, which is rather difficult unless you are early, or to take a taxi or a bus. There is a Wilson Car park at Auckland Hospital which charges about $18 per day.
Postgraduate Certificate in Medical Science

The Postgraduate Certificate in Medical Science (PGCertMedSc) is available for medical graduates wishing to pursue postgraduate study in a health or medically related field including obstetrics and gynaecology.

Eligibility

Students must have completed the requirements for the Bachelor of Medicine and Bachelor of Surgery (or an equivalent medical qualification), and must hold current registration with the Medical Council of New Zealand or as a medical practitioner in their country of domicile.

Duration and points value

Points required: 60

Time to complete: Within one semester if enrolled full-time, within two years if enrolled part-time.

Content

Students may complete 60 points from courses listed in the Master of Medical Science schedule Master of Health Sciences Schedule or from the Obstetrics and Gynaecology Course listed below:

- **OBSTGYN 705** - Special Topic in Obstetrics and Gynaecology (15 points)
- **OBSTGYN 712** - Contraception in Pre and Early Pregnancy (15 points)
- **OBSTGYN 713** - Pregnancy and Postnatal Care (15 points)
- **OBSTGYN 715** - Medical Gynaecology I (15 points)
- **OBSTGYN 716** - Medical Gynaecology II (15 points)
- **OBSTGYN 720** - Special Topic (15 points)
- **OBSTGYN 723** - Special Studies (15 points)
- **OBSTGYN 724** - Obstetrics Residential (15 points)
- **OBSTGYN 725** - Gynaecology Residential (15 points)
Important information

• Places on this programme are limited. Priority may be given to applications received on or before the closing date.

• Once you start this programme you will need to enrol continuously (each semester) until the programme is finished. If you need to take a break you must apply for a suspension.

• This programme has a total enrolment clause of 80 points. This is the maximum number of points you can enrol in (including failed or withdrawn courses) towards this programme.
Postgraduate Certificate In Health Sciences

The Postgraduate Certificate in Health Sciences (PGCertHSc) is aimed at current health professionals and those with a relevant undergraduate degree wishing to pursue postgraduate study in a health related field including obstetrics and gynaecology.

Eligibility

Students must have completed the requirements for a relevant degree, or have completed the requirements for a relevant health professional qualification and have at least two years of relevant work experience to be eligible for entry. Eligibility for some clinical based courses may be restricted to registered health professionals.

Duration and points value

Points required: 60

Time to complete: Within one semester if enrolled full-time, within two years if enrolled part-time

Content

A generic Postgraduate Certificate in Health Sciences allows students whose subject interests are not covered within a single specialisation to choose a personal course of study from several subject areas. For example, youth health, health promotion, and Pacific health courses may be taken towards a generic programme in health sciences. A generic Postgraduate Certificate in Health Sciences will allow students to choose 60 points of courses from the Master of Health Sciences Schedule OR from the Obstetrics and Gynaecology Course listed below:

- **OBSTGYN 705** - Special Topic in Obstetrics and Gynaecology (15 points)
- **OBSTGYN 712** - Contraception in Pre and Early Pregnancy (15 points)
- **OBSTGYN 713** - Pregnancy and Postnatal Care (15 points)
- **OBSTGYN 715** - Medical Gynaecology I (15 points)
- **OBSTGYN 716** - Medical Gynaecology II (15 points)
OBSTGYN 720 - Special Topic (15 points)
OBSTGYN 723 - Special Studies (15 points)
OBSTGYN 724 - Obstetrics Residential (15 points)
OBSTGYN 725 - Gynaecology Residential (15 points)

Important information

• Places on this programme are limited. Priority may be given to applications received on or before the closing date.

• Once you start this programme you will need to enrol continuously (each semester) until the programme is finished. If you need to take a break you must apply for a suspension.

• This programme has a total enrolment clause of 80 points. This is the maximum number of points you can enrol in (including failed or withdrawn courses) towards this programme.

Disclaimer

Although every reasonable effort is made to ensure accuracy, the information in this document is provided as a general guide only and is subject to alteration. To get the latest information please go to postgraduate study on the website: www.fmhs.auckland.ac.nz/faculty/postgrad